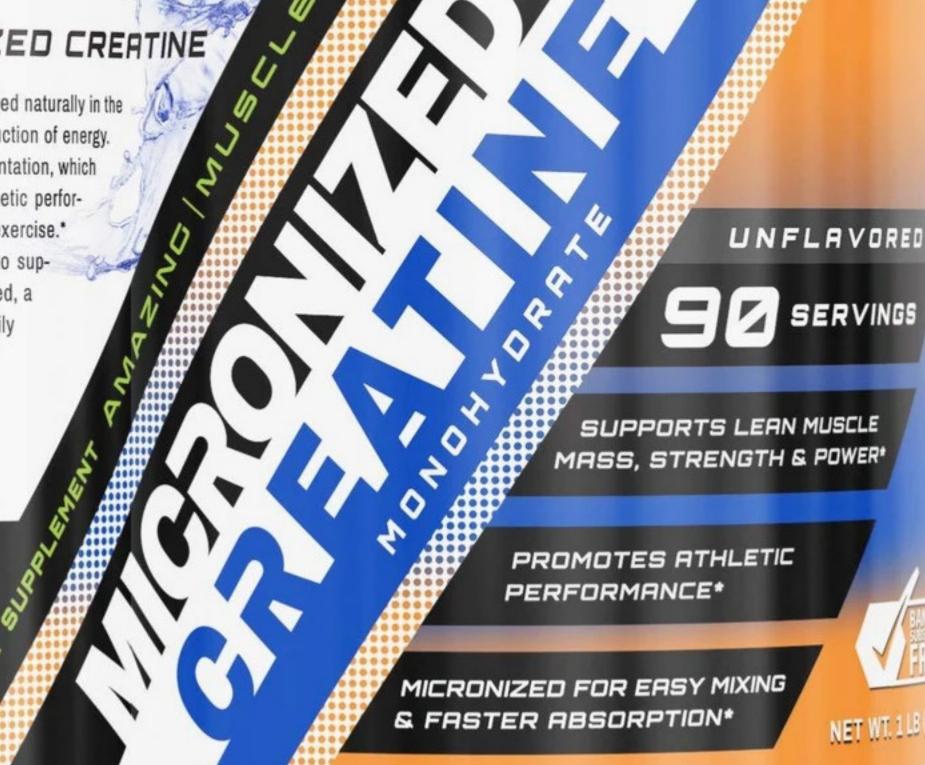
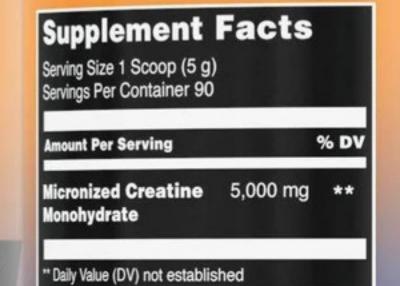


not volume. Some settling of powder may occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.







OTHER INGREDIENTS: None.

SUGGESTED USE: Take 1 serving of Micronized Creatine powder twice a day with your daily meals and 1 additional serving before bedtime for 4-5 days. After 4-5 days mix 1 serving of Micronized Creatine powder immediately after training with your post-workout protein shake. TIPS: Drink at least 8 glasses of water daily while supplementing with creatine. Consuming carbohydrates with creatine may lep improve overall effectiveness.

CONTRINS No: Preservatives, Additives, Artificial Colors or Flavors, Sugar, Starch, Milk, Egg, Yeast, Shellfish or Sodium.

EFUTION: This product is only intended to be consumed by healthy individuals 18 years or older. If you are pregnant or nursing, taking any medication(s), planning a medical procedure or have any medical condition, consult your physician prior to using this product. Do not exceed recommended use. Improper use will not improve results. Discontinue use and seek professional assistance immediately if any adverse reactions occur. KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.







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