

Suggested Use: Mix 1 level scoop with 8-10oz room temp or warm water for bold flavor or 14-16oz for a lighter flavor.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



30
SERVINGS

DIETARY SUPPLEMENT
NET WT. 4.16oz | 118g



STAY ASLEEP
LONGER*
FALL ASLEEP
FASTER*
WAKE UP
RESTED*

ALANINU
SLEEP
LEMON
NATURALLY FLAVORED

Supplement Facts

Serving Size: 1 Scoop (3.9g)

Servings per Container: 30

	Amount Per Serving	%DV
Magnesium (as Citrate Anhydrous)	200 mg	50%
Potassium (as Bicarbonate)	313 mg	9%
Natural gamma-Amino butyric acid (as Pharma GABA)	80 mg	**
Melatonin	1 mg	**

**Daily Value (DV) Not Established

Other Ingredients: Citric Acid, Natural Flavors, Stevia Leaf Extract, Silica.

ALLERGEN WARNING: Processed in a facility and/or manufacturing line that also processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

www.alaninu.com



Distributed by:
ALANINU
Alaninu Nutrition LLC
Po Box 35159 | Louisville, Ky 40232
www.alaninu.com