

an amino acid (a building block for protein) that is naturally produced in the body. It helps our system convert food into energy, reducing fatigue and providing support for endurance exercises and fast recovery from high-intensity activities so you can build lean muscle and get that extra boost you need while working out.* It's also important for healthy heart and brain functions or muscle movement.* Optimize the benefits of your active lifestyle today with L-Carnitine.

If you are pregnant, nursing, taking any medication(s) or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. **KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.**

Not evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Supplement Facts

Serving Size 1 Tablet
Serving Per Container 120

Amount Per Serving	% DV
L-Carnitine Fumarate	1,000 mg **

** Daily Value (DV) not established

OTHER INGREDIENTS: Vegetable Cellulose, Dicalcium Phosphate, Pregelatinized Starch, Vegetable Stearic Acid and Silica. Contains <2% of: Natural Palm Leaf Glaze and Vegetable Magnesium Stearate.

SUGGESTED USE: As a dietary supplement, adults take one (1) tablet up to 2 times daily, preferably with a meal or as directed by a health care professional.

CONTAINS NO: Preservatives, Artificial Colors, Flavors or Sweeteners, Sugar, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Sodium.



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