

AMAZING BENEFITS OF AMAZING MUSCLE® PRE RISE™ PRE-WORKOUT

PRE RISE™ is a caffeine-free advanced pre-workout formula to help support increased energy production, focus and endurance during your workout routine in the gym.* BCAA's in PRE RISE™ stimulates extra energy boost to keep your body going.*

CAUTION: This product is only intended to be consumed by healthy individuals 18 years or older. Consult a physician if you are pregnant or nursing, taking any medications, planning a medical procedure or have any medical condition. Do not exceed recommended use. Improper use will not improve results. Discontinue use and seek professional assistance immediately if you experience unwanted side effects. *KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE. CONTENTS SOLD BY WEIGHT NOT VOLUME.*

NOTICE: Use this product as a dietary supplement only. Do not use for weight reduction. Contents are packaged by weight, not volume. Some settling of powder may occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



DIETARY SUPPLEMENT
AMAZING MUSCLE®
PRE RISE™
ADVANCED PRE-WORKOUT FORMULA



FRUIT PUNCH

20 FULL SERVINGS

SUPPORTS INCREASED
WORKOUT INTENSITY*

ENHANCES MUSCLE
ENDURANCE*

SUPPORTS ENERGY
PRODUCTION & FOCUS*



NET WT. 420 G (14.82 OZ)

Supplement Facts

Serving Size: 2 Scoops (21 g)
Serving per Container: 20

Amount Per Serving	% Daily Value†
Calories 2	
Total Carbohydrate 1.5 g	
Potassium (as Potassium Citrate) 138.5 mg	4%
Sodium (as Sodium Citrate) 62 mg	3%
Pantothenic Acid (as Calcium D-Pantothenate) 10 mg	100%
Niacin (as Inositol Hexanicotinate) 40 mg	200%
Vitamin B6 (as Pyridoxine HCl) 10 mg	500%
Vitamin B12 (as Methylcobalamin) 50 mcg	833%
L-Leucine 2 g	**
L-Isoleucine 1 g	**
L-Valine 1 g	**
L-Glutamine 3 g	**
Creatine HCl 2 g	**
L-Lysine (as L-Lysine HCl) 1 g	**
CarnoSyn® Beta-Alanine 1 g	**
L-Carnitine L-Tartrate 1 g	**
Taurine 1 g	**
Betaine Anhydrous 1 g	**
L-Theanine 200 mg	**
5-HTP (Griffonia simplicifolia) (seed) 200 mg	**
BioPerine® (Black Pepper Extract) 5 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Malic Acid, Maltodextrin, Erythritol, Sucralose, Natural & Artificial Flavors, FD & C Red #40.

SUGGESTED USE: As a dietary supplement, adults take two (2) scoops with 10-12 ounces of water 60 minutes prior to exercise to access your individual tolerance. Adjust water amount to taste.



BioPerine® is a registered trademark of Sabinsa Corporation.



Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®



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