

Our "Blonde" Psyllium Husk Powder comes from the finest source in India. We have selected the fine grade for better solubility and compliance. Psyllium Husk is a natural bulking agent and can be used daily for regularity and with Detox protocols.**

No artificial colors, flavors, or preservatives.

Metabolic Maintenance Products offers over 135 physician-exclusive nutritional supplements to healthcare professionals world wide.

Metabolic Maintenance

Manufactured by GMP Certified Facility
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HEALTH

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Maintenance**

DIETARY FIBER SUPPLEMENT

Psyllium Husk Powder

fine grade

454 GRAMS / 1 LB.

150 SERVINGS

Directions: Mix one scoop (1 tsp., 3 g) into 8 oz. of water, juice or beverage of choice, one to three times daily as a dietary fiber supplement. Drink immediately.

Supplement Facts

Serving Size: 1 scoop (3g, 1 tsp.)

Servings Per Container 150

Amount Per Serving	% Daily Value*
Calories 1	
Total Carbohydrate 2.4g	1%
Dietary Fiber 2.4g	10%

*Percent Daily Values are based on a 2,000 calorie diet.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4

Ingredient: psyllium seed husk powder

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.