

Sleep Formula™

Synergistic Herbal Sleep Support*



60 vegetarian capsules
Dietary Supplement

Suggested use for adults:

1-2 capsules nightly for sleep, one hour before bedtime, or 1 capsule three times daily for a calming effect. Take as directed by your health care practitioner.

This product contains no yeast, wheat, soy, corn, milk, salt, sugar, artificial coloring, preservatives or flavoring.

This product is intended for professional use and is manufactured under strict quality control to ensure the optimum in purity, potency and reliability.

Keep in a cool, dry place tightly capped.

Produced by Karuna Corporation
42 Digital Drive #7, Novato, CA 94949



Supplement Facts

Serving Size 1 Capsule

Servings per Container 60

Amount per serving:	%DV
Valerian (root) (<i>Valeriana officinalis</i>)*	150 mg †
Standardized from concentration of 0.8-1.0% Valerenic Acid	
Passionflower (leaf) (<i>Passiflora incarnata</i>)*	150 mg †
Standardized from 3.5-4.0% flavonoids as Isovitexin	
Skullcap (leaf) (<i>Scutellaria lateriflora</i>)*	150 mg †
4:1 Standardized Extract	
Lemon Balm (leaf) (<i>Melissa officinalis</i>)*	75 mg †
4:1 Standardized Extract	
Hops (strobiles) (<i>Humulus lupulus</i>)*	75 mg †
Standardized from 5.2% bitter acid or 2.0% essential oils	

† Daily Value (DV) not established

*Certified organic or wildcrafted

Other ingredients: vegetarian capsule, vegetable stearine

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