

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Calcium Silicate, Gelatin, Maltodextrin, Triacetin, Vegetable Stearic Acid, Vegetable Magnesium Stearate. Contains milk and soy ingredients.

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with a meal.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure or are planning to undergo any clinical lab testing or have any medical condition, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Discontinue

use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER ITEM # 17311

www.puritan.com

1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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Puritan's Pride

ULTRA MAN™ 50 PLUS DAILY MULTI

Performance Formula
Targeted for Men Over 50

HIGH POTENCY TIMED RELEASE

60 Coated
Caplets

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 30

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene and Vitamin A Acetate)	1,500 mcg 167%	Iodine (as Potassium Iodide)	150 mcg 100%	Taurine, N-Acetyl L-Carnitine Hydrochloride, L-Arginine (as L-Arginine Hydrochloride), L-Carnitine (as L-Carnitine Fumarate)	
Vitamin C (as Ascorbic Acid)	300 mg 333%	Magnesium (as Magnesium Oxide)	100 mg 24%	UM50+ Bio-Active Blend	120 mg
Vitamin D (as D3 Cholecalciferol)	50 mcg (2,000 IU) 250%	Zinc (as Zinc Oxide)	25 mg 227%	Flax (<i>Linum usitatissimum</i>) (seed), Saw Palmetto Extract (<i>Serenoa repens</i>) (fruit), Pumpkin Seed (<i>Cucurbita pepo</i>) Lycopene	
Vitamin E (as d-Alpha Tocopheryl Acetate)	20 mg 133%	Selenium (as Sodium Selenate)	200 mcg 364%	UM50+ Herbal Blend	50 mg
Vitamin K (as Phytanadione)	80 mcg 67%	Copper (as Cupric Oxide)	2 mg 222%	Citrus Bioflavonoid Complex (<i>Citrus limon</i>) (peel), Carrot Extract, Broccoli Extract, Grape Seed Extract (<i>Vitis vinifera</i>), Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Elderberry (<i>Sambucus nigra</i>) (fruit), Black Currant (<i>Ribes nigrum</i>) (fruit), Alpha Lipic Acid, Co-Enzyme Q-10, Resveratrol from (<i>Polygonum cuspidatum</i>) (root), Pine Bark Extract (<i>Pinus pinaster</i>), Lutein	
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	30 mg 2,500%	Manganese (as Manganese Gluconate)	2 mg 87%	UM50+ Vitality Blend	100 mg
Riboflavin (Vitamin B-2)	30 mg 2,308%	Chromium (as Chromium Picolinate)	200 mcg 571%	Green Tea (<i>Camellia sinensis</i>) (leaf), Cayenne Pepper (<i>Capsicum annuum</i>) (fruit), Spirulina, Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Neuro-PS® Phosphatidylserine	
Niacin (as Niacinamide)	30 mg 188%	Molybdenum (as Sodium Molybdate)	75 mcg 167%		
Vitamin B-6 (as Pyridoxine Hydrochloride)	30 mg 1,765%	Potassium (as Potassium Chloride)	30 mg <1%		
Folate (400 mcg folic acid)	666 mcg DFE 167%	Choline Bitartrate	10 mg *		
Vitamin B-12 (as Cyanocobalamin)	100 mcg 4,167%	Inositol	10 mg *		
Biotin	500 mcg 1,667%	Boron (as Bororganic Glycine)	2 mg *		
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg 600%	Vanadium (as Sodium Metavanadate)	10 mcg *		
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	290 mg 22%	UM50+ Amino Acid Blend L-Glutamine, L-Valine, L-Cysteine, L-Leucine, L-Isoleucine, L-Methionine,	50 mg *		

*Daily Value not established.