



MegaFood
Fresh From Farm To Tablet™

B-UnStressed™

**Helps to Ward off Fatigue &
Promote Immune Health***

90
TABLETS
45
SERVINGS

**MULTIVITAMIN & HERBAL
DIETARY SUPPLEMENT**

Suggested Use: 2 tablets daily with a beverage. May be taken anytime throughout the day, even on an empty stomach.

Supplement Facts

Serving Size 2 Tablets Servings per Container 45

Amount per Serving	% DV
Vitamin C (as ascorbic acid with organic orange)† 250 mg	278%
Thiamin (as thiamine hydrochloride with <i>S. cerevisiae</i>)† 20 mg	1667%
Riboflavin (as riboflavin with organic brown rice)† 10 mg	769%
Niacin (as niacinamide with <i>S. cerevisiae</i>)† 60 mg NE	375%
Vitamin B6 (as pyridoxine hydrochloride with <i>S. cerevisiae</i>)† 25 mg	1471%
Folate (as folic acid with broccoli)† 680 mcg DFE (400 mcg folic acid)	170%
Vitamin B12 (as cyanocobalamin with <i>S. cerevisiae</i>)† 120 mcg	5000%
Biotin (as biotin with organic brown rice)† 300 mcg	1000%
Pantothenic Acid (as d-calcium pantothenate with organic brown rice)† 60 mg	1200%
Zinc (as fermented zinc bisglycinate) 5 mg	45%

Soothing Herbal Blend 205 mg

Organic Eleuthero Root, Organic Ashwagandha Root, Organic Astragalus Root, Organic Chamomile Flower, Organic Schisandra Berry, Organic Ginger Root, Fruit Phenolic Blend (Organic Whole Orange, Organic Cranberry, Organic Blueberry)

** % Daily Value (DV) not established

Other Ingredients: Rice protein, organic brown rice, microcrystalline cellulose, autolyzed yeast extract, stearic acid, silicon dioxide, ferment media (organic brown rice, rice protein, autolyzed yeast extract, yeast [inactive]), hypromellose.

Made by MegaFood, PO Box 5244, Manchester, NH 03108 USA
megafood.com / 800.848.2542

MegaFood B-UnStressed® is made with vitamin C and zinc, to support the body's immune response during times of stress.* Our Soothing Herbal Blend delivers supportive organic herbs, including organic ashwagandha, organic chamomile flower and organic astragalus root.*

This MegaFood product is made with real food, wholesome nutritional yeast and added nutrients. †This vitamin is paired with a whole food in our unique process. Satisfaction guaranteed or your money back.

We believe that the most nutritious food comes from healthy soils and valued farmers. Our goal is to work with farmers who share our commitment to organic and regenerative agriculture. megafood.com/farmers

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Biotin is an important nutrient. Biotin may interfere with lab tests. If you are taking medication or planning to undergo lab testing, consult with your doctor before use.

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.



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Before: Best Lot#: