

Supplement Facts

Serving Size 2 Tablets Servings per Container 30

Amount p	er Serving	% DV
Vitamin C (ascorbic acid with organic orange)	250 mg	278
Thiamin (B1) (thiamine HCl with S. cerevisiae)	20 mg	1667
Riboflavin (B2) (with organic brown rice)	10 mg	769
S Niacin (niacinamide with S. cerevisiae)	60 mg NE	375
Vitamin B6 (pyridoxine HCl with S. cerevisiae)	25 mg	1471
Folate (folic acid with broccoli)	680 mcg DF	
(400 mcg folic acid)		
Vitamin B12 (cyanocobalamin with S. cerevisia	e)120 mcg	5000
Biotin (with organic brown rice)	300 mcg	1000
Pantothenic Acid (d-calcium pantothenate		
with organic brown rice)	60 mg	1200
Zinc (mineral bound S. cerevisiae)	5 mg	45

Soothing Herbal Blend*

205 ma Organic Eleuthero Root, Organic Ashwagandha Root, Organic Astragalus Root, Organic Chamomile Flower, Organic Schisandra Berry, Organic Ginger Root, Fruit Phenolic Blend (Organic Whole Orange, Organic Cranberry, Organic Blueberry)

** % Daily Value (DV) not established

Other Ingredients: Cellulose, Stearic Acid, Silica. Suggested Use: 2 tablets daily. May be taken anytime throughout the day, even on an empty stomach.

MegaFood B-UnStressed is made with FoodState Nutrients™, vitamin C, and zinc, to support the body's immune response during times of stress.* Our Soothing Herbal Blend delivers supportive organic herbs, including organic ashwagandha, organic chamomile flower and organic astragalus root.*

This MegaFood product is made with real food, wholesome nutritional yeast, added nutrients, and carefully selected herbs. Each vitamin or mineral is paired with an ideal whole food using our unique process to deliver guaranteed potency and the benefit of health-promoting compounds present in the whole food itself.* See how they're made at megafood.com/showme. Satisfaction guaranteed or your money back.

We believe that the most nutritious food comes. from healthy soils and valued farmers. Our goal is to work with farmers who share our commitment to organic and regenerative agriculture. megafood.com/farmers

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

Made with Love by MegaFood, PO Box 5244. Manchester, NH 03108 • megafood.com / 800.848.2542



F1439B Rev: 1 10/19