Prenatal Multi Gold

PLANT-BASED VITAMINS & MINERALS













extract, organic guava [fruit] extract, organic Moringa [leaf] extract organic apple [fruit], organic kale [leaf], organic broccoli [floret] organic spinach [leaf], organic carrot [root], organic parsley [leaf] organic beet [root], organic green cabbage [leaf], organic lemon [peel] extract, organic blueberry [fruit], organic raspberry [fruit]. organic strawberry [fruit], organic tomato [fruit], organic Sesbania [leaf] extract, organic annatto [leaf] extract, organic mustard [seed]

lorganic curry Murraya koenigii [leaf] extract, organic amla [fruit]

Daily Value not established.

extract, organic holy basil [leaf] extract).

Other Ingredients: Vegan capsule (pullulan) and organic rice concentrate

WARNING: Accidental overdose of iron-containing products is a leading caused fatal poisoning in children under 6. Keep this product out of reach of children in case of accidental overdose, call a doctor or poison control center immediately.

Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding, or taking any medicano Store in original container away from moisture and direct sunlight



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Amount Per Serving Way

SUPPLEMENT FACTS Serving Size: 3 capsules Vitamin C (from organic food blend)120 mg Vitamin E (from organic food blend).......30 mg (41 IU) Vitamin K (100% as K2 (MK-7) from natto) 100 mcg. Thiamin (from organic food blend)7 mg. Riboflavin (from organic food blend)......10 mg Niacin (from organic food blend)18 mg Folate (from organic food blend) 600 mcg DFE . Vitamin B-12 (as methyl B-12 & adenosyl B-12)28 mcg1,000% Pantothenic Acid (from organic food blend)25 mg. Iron (from organic food blend).......27 mg lodine (from organic kelp [whole thallus])270 mcg. Magnesium (from organic food blend)......10 mg Zinc (from organic food blend)7 mg Selenium (from organic food blend)70 mcg

Servings Per Container: 30

Amount Per Serving

Manganese (from organic food blend)......1 mg.

Chromium (from organic food blend)......40 mcg