

	Amount Per Serving	%DV
Organic Food Blend	540 mg.....	†
(organic curry <i>Murraya koenigii</i> [leaf] extract, organic guava [fruit] extract, organic amla [fruit] extract, organic holy basil [leaf] extract, organic <i>Moringa</i> [leaf] extract, organic <i>Sesbania</i> [leaf] extract, organic mustard [seed] extract, organic lemon [peel] extract, organic annatto [seed] extract).		

†Daily Value not established.

Other Ingredients: Vegan capsule (pullulan) and organic rice concentrate.

SUGGESTED USE: As a dietary supplement, adults take 1 capsule daily with food, or as directed by a healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding, or taking any medications. Store in original container away from moisture and direct sunlight. Keep out of reach of children.

2148-441020



SKU # 2148

Formulated & Distributed By
NutriGold Inc., Orem, UT 84057, USA.
(800) 476-3542 • www.nutrigold.com
Certified organic by SCS Global Services



NUTRIGOLD®
MADE WITH ORGANIC FRUITS & VEGGIES
One Daily Women's Multi Gold
PLANT-BASED VITAMINS & MINERALS
30 VEGAN CAPSULES
DIETARY SUPPLEMENT









SUPPLEMENT FACTS		
Serving Size: 1 capsule		Servings Per Container: 30
	Amount Per Serving	%DV
Vitamin C (from organic food blend)	45 mg.....	50%
Vitamin D (as D3 from lichen).....	20 mcg (800 IU).....	100%
Vitamin E (from organic food blend).....	8 mg (12 IU).....	50%
Vitamin K (100% as K2 (MK-7) from natto)	120 mcg.....	100%
Thiamin (from organic food blend)	2 mg.....	170%
Riboflavin (from organic food blend).....	4 mg.....	310%
Niacin (from organic food blend)	8 mg.....	50%
Vitamin B6 (from organic food blend)	8 mg.....	470%
Folate (from organic food blend).....	400 mcg DFE.....	100%
Vitamin B-12 (as methyl B-12 & adenosyl B-12)	24 mcg.....	1,000%
Biotin (from organic food blend)	60 mcg.....	200%
Pantothenic Acid (from organic food blend)	8 mg.....	160%
Iron (from organic food blend).....	5 mg.....	30%
Iodine (from organic kelp [whole thallus])	75 mcg.....	50%
Zinc (from organic food blend)	6 mg.....	50%
Selenium (from organic food blend)	80 mcg.....	150%
Chromium (from organic food blend).....	35 mcg.....	100%

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.