

	Amount Per Serving	%DV
Organic Food Blend	1,120 mg	†
(organic <i>Sesbania</i> [leaf] extract, organic guava [fruit] extract, organic amla [fruit] extract, organic apple [fruit], organic kale [leaf], organic broccoli [floret], organic spinach [leaf], organic carrot [root], organic parsley [leaf], organic beet [root], organic green cabbage [leaf], organic holy basil [aerial] extract, organic blueberry [fruit], organic raspberry [fruit], organic strawberry [fruit], organic tomato [fruit], organic lemon [peel] extract, organic annatto [seed] extract, organic mustard [seed] extract).		
Solarplast® (organic spinach extract)	100 mg	†

†Daily Value not established.

Other Ingredients: Vegan capsule (pullulan) and organic rice concentrate.

Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding, or taking any medications. Store in original container away from moisture and direct sunlight. Keep out of reach of children.

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NUTRIGOLD®

MADE WITH ORGANIC
FRUITS & VEGGIES

Men's Multi Gold

+ CLINICALLY-PROVEN POWERFUL
ANTIOXIDANT SOLARPLAST®

90 VEGAN CAPSULES

DIETARY SUPPLEMENT

SUGGESTED USE: As a dietary supplement, adults take 3 capsules daily with food, or as directed by a healthcare professional.

SUPPLEMENT FACTS

Serving Size: 3 capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin C (from organic food blend)	90 mg	100%
Vitamin D (as D3 from lichen)	20 mcg (800 IU)	100%
Vitamin E (from organic food blend)	22 mg (34 IU)	150%
Vitamin K (100% as K2 (MK-7) from natto)	120 mcg	100%
Thiamin (from organic food blend)	6 mg	500%
Riboflavin (from organic food blend)	10 mg	770%
Niacin (from organic food blend)	16 mg	100%
Vitamin B6 (from organic food blend)	22 mg	1,300%
Folate (from organic food blend)	400 mcg DFE	100%
Vitamin B-12 (as methyl B-12 & adenosyl B-12)	24 mcg	1,000%
Biotin (from organic food blend)	60 mcg	200%
Pantothenic Acid (from organic food blend)	25 mg	500%
Iodine (from organic kelp [whole thallus])	150 mcg	100%
Zinc (from organic food blend)	11 mg	100%
Selenium (from organic food blend)	60 mcg	110%
Manganese (from organic food blend)	1 mg	40%
Chromium (from organic food blend)	70 mcg	200%

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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