Exceptionally pure, fiber-dense, non-GMO verified konjac root powder for broad-spectrum health benefits.*

Health Benefits: Supports healthy weight and digestive, heart, glucose, and gut health."

No magnesium stearate, stearic acid, dioxides. sulfates, artificial ingredients, or preservatives.



FIBER FROM KONJAC ROOT

Glucomannan Gold

700 mg · 120 vegan capsules

HERBAL SUPPLEMENT



suggested Use: As a dietary supplement, adults take one (1) to two (2) capsules up to 3 times daily. preferably 30 minutes before meals with 12 oz. of water, or as directed by a healthcare professional.

SUPPLEMENT FACTS

Serving Size: 2 capsules Servings Per container: 60

amount Per Serving	%DV
1 g	<1%
1 g	4%

Konjac Glucomannan 1,400 mg (Amorphophallus konjac [root] Powder)

†Daily Value not established.

Other Ingredients: Vegan capsule (plant cellulose).

Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding, or taking any medications. Store in original container away from moisture and direct sunlight. Keep out of reach of children.

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