

Support your overall wellness with Culturelle®

Naturally balance your microbiome to help stay healthy & strong with the power of **Culturelle® Health & Wellness Probiotic**. Formulated with 15 billion CFUs of the proven effective LGG® probiotic strain* to help optimize your immune system by balancing good bacteria in your digestive tract, where 70% of your immune system resides†.



Supports Natural
Immune Defenses*



Supports
Overall Health*



Works Naturally
With Your Body*



Unleash the Power of Your Microbiome!

Your gut microbiome helps support an overall healthy you because it's linked to your **digestive health, cognition, mood, nutrition, & immune system**.

You can trust your gut daily to Culturelle®

Storage Instructions: Store Culturelle® in a cool, dry place away from direct sunlight.

Tamper Evident: Product is sealed within blisters. Do not use if any part of the blister is torn, open or damaged.

Keep out of reach of children. Inform a healthcare professional before starting any dietary supplement, particularly if there is a known immune-compromised condition.

When first taking a probiotic, your gut microbiome adjusts. You may experience minor bloating, gas or intestinal gurgling which should subside with continued use. Consult your healthcare professional if symptoms continue after two weeks.

For questions, concerns or to report an adverse event, please call (800) 722-3476.
www.Culturelle.com



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ACTUAL SIZE

* Based on the 2019 BrandSpark American Shopper Study.

† Based on the number of *Lactobacillus rhamnosus* GG studies as of January 2019.

‡ Based on the studies of *Lactobacillus rhamnosus* GG for a range of benefits throughout the lifespan.

*** Guaranteed potency through date on box when stored as directed.

▲ Meets the FDA's guidelines for gluten-free.

Not a reduced calorie food.

Culturelle® is a trademark of DSM. LGG® & LGG logo® are trademarks of Chr. Hansen A/S.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

OUR BRAND VALUES

We're on a mission to inspire better health & wellness for you & your family.

We believe in integrity, so we hold ourselves to the highest standards of truth.

We believe in the natural power of your body's microbiome, & in scientific research & products that will unlock its full potential.

We believe in uncompromising quality, safety & proven efficacy.

We believe in empowering you to embrace every day with confidence.



NATURALLY
SOURCED
LGG®



MOST CLINICALLY
RESEARCHED
STRAIN IN THE
WORLD†



PURITY &
POTENCY**



DAIRY
GLUTEN-
SOY
FREE

The Culturelle®
Difference™

** Excludes gummy formulas.

— THE — Most Trusted Probiotic Brand®



Health & Wellness

Supports Natural Immune Defenses*

Restores the Natural Balance of Good
Bacteria in Your Digestive Tract*

15
BILLION
CFUs

30 ONCE DAILY
VEGETARIAN CAPSULES

PROBIOTIC SUPPLEMENT

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Directions for ages 12+ years: Take one capsule daily. Continued use is suggested.

During antibiotic use, take one capsule daily. Continue for 10 days after completion of antibiotics.

Supplement Facts

Serving Size: One (1) Capsule

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	0		Sodium (as sodium associated)	5 mg	<1 %
Total Carbohydrate	0 g	0%*	<i>Lactobacillus rhamnosus</i> GG	50 mg (15 billion CFUs)	**
Total Sugars	0 g	**	† Percent Daily Values are based on a 2,000 calorie diet.		
Incl. 0 g Added Sugars	0 g	0%*	** Daily Value not established.		

Other Ingredients: microcrystalline cellulose, hydroxypropyl methylcellulose, vegetable magnesium stearate, and titanium dioxide (color).
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