

Give your immune system a tune up with Culturelle®*

Your health & wellness begins in the core of your body, the digestive tract. Yet diet, daily stress, travel and some medications can occasionally disrupt the balance of good bacteria which can leave you open to a host of issues. Culturelle® Health & Wellness contains 15 billion CFUs of the LGG® strain, the most clinically studied probiotic strain†, and delivers clinical strength immune support.*



Supports Your
Immune System*



Boosts
Digestion*



Works Naturally
With Your Body



Unleash the Power of Your Microbiome!

Your gut microbiome helps support an overall healthy you because it's linked to your **digestive health, cognition, mood, nutrition & immune system.**

You can trust your gut daily to Culturelle®

Storage Instructions: Store Culturelle® in a cool, dry place away from direct sunlight.

Tamper Evident: Product is sealed within blisters. Do not use if any part of the blister is torn, open or damaged.

Keep out of reach of children. Inform a healthcare professional before starting any dietary supplement, particularly if there is a known immune-compromised condition.

When first taking a probiotic, your gut microbiome adjusts. You may experience minor bloating, gas or intestinal gurgling which should subside with continued use. Consult your healthcare professional if symptoms continue after two weeks.

For questions, concerns or to report an adverse event, please call (800) 722-3476.
www.Culturelle.com



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Learn More

ACTUAL SIZE

Culturelle® is a trademark of DSM, LGG® & LGG logo® are trademarks of Chr. Hansen A/S.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

OUR BRAND VALUES

We're on a mission
to inspire better
health & wellness
for you & your family.

We believe in integrity, so
we hold ourselves to the
highest standards of truth.

We believe in the natural
power of your body's
microbiome, & in scientific
research & products that
will unlock its full potential.

We believe in
uncompromising quality,
safety & proven efficacy.

We believe in empowering
you to embrace every
day with confidence.



NATURALLY
SOURCED
LGG®
STRAIN



MOST CLINICALLY
RESEARCHED
STRAIN IN THE
WORLD†



PURITY &
POTENCY™



DAIRY
GLUTEN+
SOY
FREE

The Culturelle®
Difference™

™ Excludes gummy formulas.

#1 Clinically Studied Probiotic*



Health & Wellness

Helps Support Your Immune
System & General Well-Being*

Balances Your Digestive System
for Overall Immune Health*

30 ONCE DAILY
VEGETARIAN CAPSULES

PROBIOTIC SUPPLEMENT



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Directions for ages 12+ years: Take one capsule at any time of day, with or without food. Continued use is suggested.

During antibiotic use, take one capsule daily. Continue for 10 days after completion of antibiotics.

Supplement Facts

Serving Size: One (1) Capsule

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	0		Sodium (as sodium ascorbate)	5 mg	<1%
Total Carbohydrate	0 g	0%+	Lactobacillus rhamnosus GG	50 mg (5 billion CFUs)	**
Total Sugars	0 g	**			
Incl. 0 g Added Sugars	0%+				

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: microcrystalline cellulose, hydroxypropyl methylcellulose, vegetable magnesium stearate, and titanium dioxide (color).
Distributed by i-Health, Inc.
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