

**Take charge of your unique feminine needs with Culturelle®**  
Support your vaginal & digestive microbiomes with Culturelle® Women's  
**Healthy Balance:** Formulated by women for women with the only  
clinically proven blend of 4 lactobacilli most commonly found in  
healthy women plus the proven effective LGG® probiotic strain!  
Beneficial for all women, safe for pregnancy.



Supports vaginal,  
digestive &  
immune health\*



Helps protect  
vaginal flora &  
optimize pH\*



Helps balance  
bacteria & yeast\*



**Unleash the Power of Your Microbiome!**  
Your gut microbiome helps support an  
overall healthy you, because it's linked to  
your **digestive health, cognition, mood,  
nutrition, & immune system.**  
You can trust your gut daily to Culturelle®

**Storage Instructions:** Store Culturelle® in a cool, dry place away from  
direct sunlight.

**Tamper Evident:** Do not use this product if safety seal bearing "SEALED  
FOR YOUR PROTECTION" under cap is missing or torn.

For questions, concerns or to report an  
adverse event, please call (800) 722-3476.  
[www.Culturelle.com](http://www.Culturelle.com)

Scan to  
Learn More



⚡ Based on the 2019 BrandSpark American Shopper Study.  
† Based on the number of studies of *Lactobacillus rhamnosus* GG as of January 2019.  
‡ Based on the studies of *Lactobacillus rhamnosus* GG for a range of benefits  
throughout the lifespan.  
\*\*\* Guaranteed potency through date on box when stored as directed.  
▲ Meets the FDA's guidelines for gluten-free.  
Not a reduced calorie food.  
Culturelle® is a trademark of DSM. LGG® & LGG logo® are trademarks of Chr. Hansen A/S.

ACTUAL SIZE

## OUR BRAND VALUES

We're on a mission to inspire better  
health & wellness for you & your family.

We believe in integrity, so we hold  
ourselves to the highest  
standards of truth.

We believe in the natural power of  
your body's microbiome, & in scientific  
research & products that will unlock  
its full potential.

We believe in uncompromising  
quality, safety & proven efficacy.

We believe in empowering you to  
embrace every day with confidence.



NATURALLY  
SOURCED  
LGG®



MOST CLINICALLY  
RESEARCHED  
STRAIN IN THE  
WORLD†



PURITY &  
POTENCY\*\*\*



DAIRY  
GLUTEN-  
SOY  
FREE

**The Culturelle® Difference™**

\*\*\* Excludes gummy formulas.

— THE —  
**Most Trusted Probiotic Brand®**



\*\*\* HELPS \*\*\*  
**Protect**  
Vaginal Health\*

## Women's Healthy Balance

Supports Vaginal, Digestive,  
& Immune Health\*

Helps Protect the  
Natural Balance of  
Good Bacteria & Yeast\*

15  
BILLION  
CFUs

5  
CLINICALLY  
PROVEN  
STRAINS

30 ONCE DAILY  
VEGETARIAN CAPSULES

PROBIOTIC SUPPLEMENT

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Allergy Friendly  
**FREE FROM**  
MILK • WHEAT • EGGS  
TREE NUTS • PEANUTS

**Directions:** Take one capsule daily.  
Continued use is suggested.

## Supplement Facts

Serving Size: One (1) Capsule

|                                       | Amount<br>Per Serving       | % Daily<br>Value |
|---------------------------------------|-----------------------------|------------------|
| Calories                              | 0                           |                  |
| Total Carbohydrate                    | 0 g                         | 0%+              |
| Total Sugars                          | 0 g                         | **               |
| Incl. 0g Added Sugars                 |                             | 0%+              |
| A Proprietary Probiotic Blend         | 154 mg<br>(15 billion CFUs) |                  |
| <i>Lactobacillus crispatus</i> LBV 88 |                             | **               |
| <i>Lactobacillus rhamnosus</i> LBV 96 |                             | **               |
| <i>Lactobacillus rhamnosus</i> GG     |                             | **               |
| <i>Lactobacillus gasseri</i> LBV 150N |                             | **               |
| <i>Lactobacillus jensenii</i> LBV 116 |                             | **               |

+ Percent Daily Values are based on a 2,000 calorie diet.  
\*\* Daily Value not established.

Other ingredients: Hydroxypropyl  
methylcellulose, microcrystalline cellulose,  
fructooligosaccharides, magnesium stearate,  
titanium dioxide [color], caramel [color].

Distributed by i-Health, Inc.  
55 Sebethe Drive, Cromwell, CT 06416.

KEEP OUT OF REACH OF CHILDREN. Inform  
a healthcare professional before starting any  
dietary supplement, particularly if there is a  
known immune-compromised condition.

When first taking Culturelle® you may  
experience minor bloating, gas or intestinal  
gurgling which should subside with continued  
use. Consult your healthcare professional if  
symptoms persist after two weeks.

