

Non-GMO verified, biologically-active B-12 complex formulated with organic sprouted food blend.

 **Health Benefits:** Supports cellular energy, cognitive health, and overall emotional wellness.*

 **Verified free of** corn, egg, gluten, milk, peanut, shellfish, and soy allergens by an independent lab.

 **Manufactured without** magnesium stearate, stearic acid, silicon dioxide, or chemical preservatives.

Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding, taking any medications, or planning a medical procedure. Store in original container away from moisture and direct sunlight. Keep out of reach of children.

Formulated & Distributed By | NutriGold Inc., Orem, UT 84057, USA
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Methyl + Adenosyl B-12 Gold™

HIGHLY BIOACTIVE COMPLEX

2,400 mcg • 60 VEGAN CAPSULES

DIETARY SUPPLEMENT



To learn more about this product, scan QR code or visit nutrigold.com/item/279

Suggested Use: As a dietary supplement, adults take 1 capsule daily, or as directed by a healthcare professional.

SUPPLEMENT FACTS

Serving Size: 1 capsule Servings Per Container: 60

	Amount Per Serving	%DV
Vitamin B-12 (as methyl B-12 & adenosyl B-12)	2,400 mcg	100,000%
Organic Food Blend	160 mg	†
(organic amaranth [sprout], organic quinoa [sprout], organic millet [sprout], organic buckwheat [sprout], organic garbanzo bean [sprout], organic lentil [sprout], organic adzuki [sprout], organic flax [sprout], organic sunflower [sprout], organic pumpkin [sprout], organic chia [sprout], organic sesame [sprout], organic broccoli [sprout])		

†Daily Value not established.

Other Ingredients: Vegan capsule (plant cellulose).

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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