

Yogi®

Sweet Ginger Citrus Turmeric Vitality

SUPPORTS OVERALL HEALTH*



CAFFEINE FREE
HERBAL SUPPLEMENT

16 TEA BAGS – NET WT 1.12 OZ (32g)



Supplement Facts

Serving Size 1 tea bag (Makes 8 fl oz)

	Amount Per Tea Bag	% Daily Value
Organic Turmeric Root	750 mg	†
Proprietary Blend of Herbs:	1,144 mg	
Organic Lemongrass		†
Organic Cinnamon Bark		†
Organic Lemon Balm Leaf		†
Organic Cardamom Pod		†
Organic Orange Peel		†
Organic Ginger Root		†
Organic Sage Leaf		†
Organic Stevia Leaf		†
Organic Black Pepper		†
Organic Lemon Peel		†

† Daily Value not established.

Other Ingredients: Organic Lemon Oil, Citric Acid, Organic Orange Peel Oil.

WARNING: Consult your healthcare provider prior to use if you are pregnant or nursing.



East West Tea Company, LLC
Eugene, OR 97402
Certified Organic by QAI, Inc.



Support Your Well-Being with Sweet Ginger Citrus Turmeric Vitality

Turmeric, traditionally used in Ayurveda for its abundant health promoting qualities, pairs with citrusy Lemongrass and Lemon Peel, and warming Ginger to create a bright and delightful tea. Enjoy a deliciously intriguing cup any time of day to support your well-being.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Get the most out of every cup.

Bring water to boiling and steep 7 minutes. For a stronger tea, use 2 tea bags. Add your favorite sweetener and milk or milk substitute.

At Yogi, it's about more than creating deliciously purposeful teas. Learn about our efforts to do good at yogiprducts.com/about/our-purpose.



BEST
BEFORE:



Yoga to Invigorate

Rise up on your knees. Knees are shoulder width apart. Place your hands on the heels, arch the pelvis forward, shoulders back, chest high, head relaxed all the way back. Use long slow deep breaths. Come out of the position at the end by sitting down through the position and lifting head.

Please ask your doctor if this exercise is suitable for you.

Yogi Principles

We blend with intention. Our flavorful teas are created to support body and mind.

We believe in the synergistic benefit of herbs, combining ingredients to enhance their wellness-supporting potential.

We blend the best of what nature has to offer using the finest spices and botanicals from around the globe.