

THE MODERN HERBALISTS

ROOTOLOGY

FORMULA NO. 45

BREATHE FREE

NASAL, SINUS & EYE HEALTH

NON-DROWSY • TRUSTED
HERBAL SUPPLEMENT

120 CAPSULES

ROOTOLOGY

BREATHE FREE

13 powerful herbal extracts for
fast-acting, non-drowsy, natural
nasal and sinus support.

Supplement Facts

Serving Size: 2 Capsules

	Amount Per Serving	%Daily Value
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D3 (as Cholecalciferol)	400 IU	100%
Herbal Extract Proprietary Blend Magnolia (flower), Xanthium (fruit), Platycodon (root), Angelica (root), Forsythia (fruit), Cinnamon (twig), Schizonepeta (stem), Siler/Ledebouriella (root), Schisandra (fruit), Chrysanthemum (flower), Anemarrhena (root), Phellodendron (bark), Licorice (root)	1.2 g	†

† Daily Value (DV) Not Established.

Other Ingredients: Vegetable Capsule, Rice Flour,
Silicon Dioxide

Directions For adults and
children 12 years and older, take
two (2) capsules. You may double
the serving for extra support.

Take as needed. Breathe Free
does not need to be taken daily.

You may open the capsules and
dissolve contents in food or drink
if you have difficulty swallowing
capsules.

Do not take if pregnant or
breastfeeding, unless you have
consulted a physician.

No artificial colors or preservatives
Made in the USA at a cGMP facility