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60
LIQUID CAPSULES
30 SERVINGS
DIETARY
SUPPLEMENT

MegaFood® Baby & Me 2™

LIQUID-FILLED
CAPSULES WITH
BEADLETS



PRENATAL DHA & CHOLINE

For Pregnant or Breastfeeding Mom
& Developing Baby

- 250 mg plant-based DHA
- 160 mg choline
- Vegan



Suggested Use: 2 liquid capsules anytime with food and a beverage.

Supplement Facts

Serving Size 2 Liquid Capsules Servings per Container 30

Amount per Serving	% DV
Calories 10	
Total Fat 1 g	1%*
Saturated Fat 0.5 g	3%*
Choline (as choline bitartrate) 160 mg	29%
Algal DHA (from <i>Schizochytrium sp.</i>) 250 mg	**

** % Daily Value (DV) not established

*Percent Daily Values are based on a 2000 calorie diet

Other Ingredients: MCT (palm kernel oil medium chain triglycerides[†]), hypromellose, microcrystalline cellulose, silicon dioxide, sunflower oil, tocopherols (to preserve freshness), rosemary extract (to preserve freshness), mono and diglycerides.

Made for MegaFood, PO Box 5244, Manchester, NH 03108 USA
megafood.com / 800.848.2542

[†]Sustainably sourced and certified by the Roundtable of Sustainable Palm Oil (RSPO)

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.



Tieraona Low Dog, M.D., our Chief Medical Advisor, is an award-winning physician and expert in dietary supplementation.

MegaFood Baby & Me 2 Prenatal DHA & Choline provides two essential nutrients that are uniquely paired to support healthy brain development in baby during pregnancy and breastfeeding.* We uniquely pair liquid, plant-based DHA from algae with slow-release choline beadlets to deliver nutrients over a sustained period of time.



VIDAspheres® BEADLET
TECHNOLOGY

Liquid-filled capsules with
slow-release beadlets



- Premium, plant-based DHA from algae
- Choline beadlets
- Vegetable capsule

F1455B
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Best Before: January - 2022
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