

OTHER INGREDIENTS IN PINK OVAL TABLET: Microcrystalline cellulose, stearic acid, magnesium stearate, silicon dioxide, croscarmellose sodium, aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol), titanium dioxide, FD&C Red #40, FD&C Yellow #6, FD&C Blue #2.

OTHER INGREDIENTS IN SPECKLED ROUND TABLET: Microcrystalline cellulose, stearic acid, magnesium stearate, silicon dioxide, croscarmellose sodium, aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol).

OTHER INGREDIENTS IN OFF-WHITE OBLONG TABLET: Maltodextrin, magnesium stearate, stearic acid, silicon dioxide, croscarmellose sodium, aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol).

OTHER INGREDIENTS IN GRAY-MINI OVAL TABLET: Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, silicon dioxide, croscarmellose sodium, aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol, titanium dioxide, euroxide black).

Store at room temperature.
Protect from light.
Keep out of reach of children.

Bronson Laboratories
Lindon, UT 84042
Made in USA

For Customer Information
Call 1-800-235-3200
REF 0510

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

 **BRONSON**[®]

No. 143N

Nutritional Packets for Active Women

FOR THE FITNESS-MINDED WOMAN*

Dietary Supplement
60 Packets - 60 Day Supply

Supplement Facts

Serving Size 1 Pink Oval Tablet (per 1 packet)

Amount Per Serving	% Daily Value	
Vitamin C (as ascorbic acid)	300 mg	500%
Thiamin (as thiamin mononitrate)	10 mg	667%
Riboflavin	10 mg	588%
Niacin (as niacinamide)	50 mg	250%
Vitamin B-6 (as pyridoxine HCl)	10 mg	500%
Vitamin B-12 (as cyanocobalamin)	10 mcg	167%
Biotin	100 mcg	33%
Pantothenic acid (as calcium d-pantothenate)	20 mg	200%
Zinc (as zinc amino acid chelate)	15 mg	100%
Selenium (as selenium aminoate)	25 mcg	36%
Copper (as copper amino acid chelate)	1 mg	50%
Manganese (as manganese amino acid chelate)	5 mg	250%
Chromium (as chromium amino acid chelate)	25 mcg	21%
Molybdenum (as molybdenum amino acid chelate)	25 mcg	33%
Potassium (as potassium citrate)	50 mg	1%

SUGGESTED USE: As a dietary supplement for adults,
1 packet daily or as directed by a health professional.
Take with or after a meal.
Contains soy.

Supplement Facts

Serving Size 1 Speckled Round Tablet (per 1 packet)

Amount Per Serving	% Daily Value	
Vitamin A (as beta carotene)	10000 IU	200%
Vitamin D (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%

Supplement Facts

Serving Size 1 Gray Mini Oval Tablet (per 1 packet)

Amount Per Serving	% Daily Value	
Folate (as folic acid)	400 mcg	100%
Iron (as ferrous fumarate)	18 mg	100%

Supplement Facts

Serving Size 3 Off-White Oblong Tablets (per 1 packet)

Amount Per Serving	% Daily Value	
Calcium (as calcium citrate)	600 mg	60%
Magnesium (as magnesium oxide)	300 mg	75%
Boron (as boron proteinat)	300 mcg	†

† Daily Value not established.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

PACKAGE NOT CHILD RESISTANT

