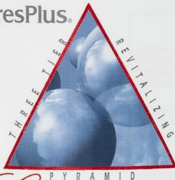


NaturesPlus.



REGENERATION.

MULTI-VITAMIN & MINERAL SUPPLEMENT

WITH BOTANICAL EXTRACTS
AND ANTIOXIDANTS

90 SOFTGELS



DIRECTIONS: As a dietary supplement, three softgels once daily with a meal.
KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
Free from artificial colors and preservatives. Free from the allergens milk, eggs, fish, tree nuts, peanuts, wheat and soy.

Supplement Facts

Serving Size 3 Softgels

Amount Per Serving	%Daily Value
Calories	20
Calories from Fat	15
Total Fat	1.5 g
Vitamin A (as beta carotene)	7508 mcg RAE (25,000 IU) 834%
Vitamin C (as ascorbic acid)	200 mg 222%
Vitamin D (as ergocalciferol)	10 mcg (400 IU) 50%
Vitamin E (as d-alpha tocopheryl acetate)	134 mg (200 IU) 893%
Thiamin (vitamin B1) (as thiamine HCl)	50 mg 4167%
Riboflavin (vitamin B2)	50 mg 3846%
Niacin (as niacinamide)	50 mg NE 313%
Vitamin B6 (as pyridoxine HCl)	50 mg 2941%
Folate (as folic acid)	.667 mcg DFE (400 mcg folic acid) 167%
Vitamin B12 (as cyanocobalamin)	100 mcg 4167%
Biotin	300 mcg 1000%
Pantothenic Acid (as calcium pantothenate)	100 mg 2000%
Choline (as bitartrate)	50 mg 9%
Calcium (as amino acid chelate/complex)	100 mg 8%
Iron (as amino acid chelate/complex)	4.5 mg 25%
Iodine (from kelp)	150 mcg 100%
Magnesium (as amino acid chelate/complex)	50 mg 12%
Zinc (as amino acid chelate/complex)	15 mg 136%
Selenium (as amino acid complex)	20 mcg 36%
Copper (as glycinate)	1 mg 111%
Manganese (as amino acid chelate/complex)	5 mg 217%
Chromium (as polynicotinate†)	50 mcg 143%
Molybdenum (as amino acid complex)	20 mcg 44%
Potassium (as glycerophosphate)	25 mg <1%

**Percent Daily Values are based on a 2,000 calorie diet.

Amount Per Serving

Milk Thistle Seed (<i>Silybum marianum</i>) (standardized 80% [60 mg] silymarin)	75 mg†
Juniper Berry (<i>Juniperus communis</i>)	50 mg†
Celery Seed 4x (<i>Apium graveolens</i>)	50 mg†
Cayenne Fruit (<i>Capsicum frutescens</i>)	50 mg†
Echinacea Root (<i>Echinacea purpurea</i>)	50 mg†
Bioflavonoids (from <i>Citrus limon</i> exocarp)	50 mg†
Inositol	50 mg†
Korean Ginseng Root Complex (<i>Panax ginseng</i>) (standardized 5% [2.5 mg] ginsenosides)	50 mg†
Borage Seed Oil (<i>Borago officinalis</i>) (standardized 20% [6.3 mg] gamma linolenic acid)	31.5 mg†
Glucosamine Sulfate (aminomonosaccharide) (from bovine cartilage or crustacean shell)	30 mg†
Parsley Leaf (<i>Petroselinum crispum</i>)	27 mg†
Green Tea Leaf Extract (<i>Camellia sinensis</i>) (standardized 40% [10 mg] polyphenols)	25 mg†
Ginkgo Biloba Leaf (standardized 24% [2.4 mg] ginkgo-flavone glycosides, 6% [0.6 mg] terpene lactones)	10 mg†
Bilberry Fruit (<i>Vaccinium myrtillus</i>) (standardized 25% [1.3 mg] anthocyanosides)	5 mg†
Grape Seed Extract (<i>Vitis vinifera</i>) (standardized 95% [4.75 mg] polyphenols)	5 mg†
Oleoresin Turmeric Rhizome (<i>Curcuma longa</i>) (standardized 90% - 95% [4.5 mg - 4.8 mg] curcumin)	5 mg†
Vanadium (as vanadyl sulfate)	1 mg†

†Daily Value not established.

Other ingredients: Safflower oil, gelatin, calcium citrate, glycerin, magnesium oxide, purified water, beeswax, sunflower lecithin, natural color (caramel, annatto), selenomethionine, sunflower oil. All minerals are whole brown rice amino acid chelates.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Manufactured with LOVE ♥ for
NaturesPlus

548 Broadhollow Rd.
Melville, NY 11747, USA
Div. of Natural Organics, Inc.
©NATURAL ORGANICS®
naturesplus.com
LEV. 1140880

† CHROMEMATE®
& logo are trademarks of
Lonza or its affiliates.

PRODUCT NO. 3285

