

#1 Sleep Brand

All New

*Now Go to Sleep Faster with New Fast Acting Softgels**

Alteril®

Dietary Supplement

Fast Acting Softgels*

Natural Sleep Aid*



Alteril is like 3 Sleep Aids in one!
L-Tryptophan, Valerian and Melatonin!
Go to sleep fast, wake up refreshed!*

30 Softgels



Not Actual Size

Sleep well tonight

- ★ *Fall asleep faster & stay asleep**
- ★ *Prolong deeper sleep stages**
- ★ *Reduce nighttime awakenings**

Alteril®

Supplement Facts

Serving Size
Servings per Container

2 Softgels
15

	Amount per Serving	% Daily Value
L-Tryptophan	200mg	**
Melatonin	4mg	**
Proprietary Blend: Valerian Extract (root), Chamomile Extract (flower)	60mg	**

**Daily Value not established

Other Ingredients: Rice Bran Oil, Gelatin, Medium Chain Triglycerides, Glycerin, Purified Water, Yellow Beeswax, Sunflower Lecithin, Titanium Dioxide, FD&C Yellow #5, Maltodextrin, Dextrin, Silicon Dioxide

ALLERGEN WARNING: Contains soy.

Suggested Use: For adults, take two (2) softgels with an 8oz glass of water one hour before bedtime.

Keep out of reach of children.

Store in a cool dry place.

Do not use if blister unit is broken.

Adverse Events may be reported to the domestic address and/or phone number on this label.

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WARNING: This product is not designed or intended to be used by persons under 18 years of age. Do not use if pregnant, lactating or nursing. Consult a physician or licensed qualified healthcare professional before using this product if you are being treated or diagnosed with any medical conditions, or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving; exceeding may cause serious adverse health effects. Seek medical attention if any unusual symptoms occur. Do not use in conjunction with alcoholic beverages, when driving or if you are experiencing long term sleep difficulties.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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