

| Supplement Facts<br>Informations nutritionnelles                          | Serving size<br>Dose<br>journalière | RDA<br>AJR | Serving size: 2 tablets - Servings per<br>container: 30. Dose journalière : 2 comprimés<br>Nombre de doses par boîte : 30                                  | Serving size<br>Dose<br>journalière | RDA<br>AJR |
|---------------------------------------------------------------------------|-------------------------------------|------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|------------|
| Vitamin A (2500 IU carotene, 2500 IU palmitate)                           | 5000 IU                             | 187%       | Zinc (glycinate) .....                                                                                                                                     | 10 mg                               | 100%       |
| Vitamin B1 (benfotiamine) .....                                           | 75 mg                               | 6818%      | Boron (calcium borogluconate) .....                                                                                                                        | 2 mg                                | *          |
| Vitamin B2 (riboflavin) .....                                             | 10 mg                               | 714%       | Copper (copper glycinate) .....                                                                                                                            | 2 mg                                | 200%       |
| Vitamin B3 (niacinamide) .....                                            | 50 mg                               | *          | Manganese (manganese glycinate) .....                                                                                                                      | 2 mg                                | 100%       |
| Vitamin B5 (calcium pantothenate) .....                                   | 100 mg                              | 1666%      | Quatrefolic® (6S)-5-methyltetrahydrofolicacidolinic<br>acid (from 370 mcg of 54-59% (6S)-5-methyl-<br>tetra-hydrofolicacidolinic acid glucosamine salt) .. | 400 mcg                             | *          |
| Vitamin B6 (pyridoxine hydrochloride) .....                               | 15 mg                               | 1071%      | Chromium (Crominex® 3+) .....                                                                                                                              | 200 mcg                             | 500%       |
| Vitamin B8 Biotin .....                                                   | 300 mcg                             | 600%       | Iodine (potassium iodide) .....                                                                                                                            | 150 mcg                             | 100%       |
| Vitamin B12 (methylcobalamin) .....                                       | 300 mcg                             | *          | Selenium (sodium selenate, selenomethionin) ..                                                                                                             | 100 mcg                             | 182%       |
| Vitamin C (ascorbic acid, ascorbyl palmitate) ..                          | 500 mg                              | 625%       | Molybdenum (molybdenum amino acid chelate) ..                                                                                                              | 100 mcg                             | 200%       |
| Vitamin D3 (cholecalciferol) .....                                        | 600 IU                              | 300%       | Vanadium (vanadium citrate) .....                                                                                                                          | 50 mcg                              | *          |
| Vitamin E (d-alpha tocopherol succinate,<br>with mixed tocopherols) ..... | 100 UI                              | 558%       | DMAE bitartrate .....                                                                                                                                      | 100 mg                              | *          |
| Vitamin K (60 mcg phytonadione,<br>70 mcg menaquinone-7) .....            | 130 mcg                             | 173%       | Citrus bioflavonoids .....                                                                                                                                 | 75 mg                               | *          |
| Magnesium (magnesium glycinate,<br>marine magnesium oxide) .....          | 200 mg                              | 53%        | Sodium R Lipoate .....                                                                                                                                     | 50 mg                               | *          |
| Calcium (calcium citrate, calcium malate) .....                           | 100 mg                              | 12%        | Hesperidin methyl chalcone .....                                                                                                                           | 25 mg                               | *          |
| Potassium (potassium citrate) .....                                       | 25 mg                               | 1%         | BioPQQ® (pyrroloquinoline quinone) .....                                                                                                                   | 5 mg                                | *          |
|                                                                           |                                     |            | Nicotinamide Adenine Dinucleotide (NADH) .....                                                                                                             | 2 mg                                | *          |

\* RDA not established. \* AJR non définis. **Other Ingredients:** Calcium Carbonate, HPMC, cyclodextrin, stearic acid, microcrystalline cellulose, shellac. **Autres ingrédients :** Carbonate de calcium, HPMC, cyclodextrine, acide stéarique, cellulose microcristalline, shellac. Crominex® 3+, Natreon Inc, USA. Quatrefolic®, Gnosis, Italy. BioPQQ®, Mitsubishi, USA.

super smart®

DAILY 2®  
TIMED  
RELEASE

Multivitamin

Dietary Supplement

60 Tablets

**Recommended use:**  
Adults. Take 2 tablets per  
day. **Contains soy.**

**Precautions:** Do not  
exceed the recommended  
daily dose. This product is  
a nutritional supplement  
and should not replace a  
varied, balanced diet.  
Keep out of childrens'  
reach. Store away from  
direct light, heat and  
humidity. As with any  
nutritional supplement,  
you should consult a  
health professional before  
taking this product if you  
are pregnant, breastfeeding or have a  
health problem. **Conseils d'utilisation :**

Adultes. Prendre 2 comprimés par jour. **Contient  
du soja.** Batch/lot no, expiry date: See base of  
pot. Manufactured in the USA and distributed by:  
SN Worldwide Unipessoal, Lda,  
Avenida Do Infante 66, Edificio Quinta Avenida  
1°C, Funchal 9000-015, Portugal.

