

SHAKE WELL

Studies reveal that the Medium-chain triglycerides (MCT) like the ones in Coconut Oil (MCT)TM have shown promise in providing nutrition for the brain. Superior nutrition improves cognitive performance. This natural food sourced coconut oil is most beneficial when used as a dietary supplement according to directions and in conjunction with a plant-based diet and active lifestyle.*

DIRECTIONS: Adults take 1 teaspoon up to 3 times daily. May be taken alone or mixed with your favorite beverage. For best results, take before exercise. MCT oil may be used as a substitute for conventional oils in salad dressings, sauces or cooking as a source of beneficial fatty acids. Not recommended for frying due to low boiling point.

This product is wheat, gluten, soy, yeast and dairy free.

CAUTION: Pregnant and nursing women should check dosage with their healthcare professional. Keep out of reach of children.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured with
renewable energy



VEGETARIAN SAFE

**BURIED
TREASURE**TM
Liquid Nutrients

*Gluten, Wheat,
Soy, Yeast & Dairy
FREE*

Coconut MCT OIL

Standardized to 95%



Whole Food Complex • 16 FL OZ (473 ml)
Dietary Supplement

Supplement Facts

96 servings per container

Serving Size

1 tsp. 5 mL

Amount per Serving

Calories

30

% Daily Value*

Total Fat	5 g	0%
Saturated Fat	5 g	8%
Trans Fat	5 g	25%
Cholesterol	0 mg	
Sodium	0 mg	
Total Carbohydrates	0 g	0%*
Sugar	0 g	†

Medium Chain Triglycerides 4.75 g †
(caprylic acid, capric acid, and lauric acid)

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. † Daily Value not established.

Contains: Tree Nut (coconut).

Keep Out Of Reach Of Children.
For Dietary Supplement Use Only.

Manufactured by:

Life Line Foods

PO BOX 949, Pikeville, TN 37367

1-800-216-3231

<http://www.buriedtreasureln.com>

