

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out

2 of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Silybum marianum

TO REORDER ITEM # 21479

www.puritan.com

1-800-645-1030

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Ronkonkoma, NY 11779 U.S.A.
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Puritan's Pride

Milk Thistle EXTRACT



**1000 MG
EQUIVALENT***

TRADITIONAL HERB

CONCENTRATED EXTRACT
Herbal Supplement

30 RAPID RELEASE
SOFTGELS

DIRECTIONS: For adults, take one (1) softgel once or twice daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Milk Thistle Extract (<i>Silybum marianum</i>) (seed) *(a 4:1 Extract, equivalent to 1,000 mg whole herb)	250 mg	**

**Daily Value not established.

Other Ingredients: Gelatin, Soybean Oil, Vegetable Glycerin. **Contains <2% of:** Natural Caramel Color, Soy Lecithin, Titanium Dioxide Color.

Contains soy ingredients.

Puritan's Pride's Guarantee: We use only the finest quality herbs and spices. Each is screened and finely milled for quick release.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Wheat, No Yeast, No Fish. Sodium Free.