

PROLAB® WHEY ISOLATE provides ultra pure, fast absorbing premium grade protein to support lean muscle growth and improve recovery time from intense training. With 23 grams of protein per scoop, **PROLAB® WHEY ISOLATE** fuels post performance replenishment to help maximize muscle growth.[†]

After intense exercise, your body requires amino acids to repair muscle and recover efficiently. **PROLAB® WHEY ISOLATE** delivers a powerful dose of over 21 grams* of rapidly absorbed amino acids including 7 grams of BCAAs. This supplies hard training endurance athletes, weight lifters and dieters with the fast-acting, muscle preserving support their bodies need to perform at their best. A serving before a workout pre-loads the body with energy-yielding amino acids to increase lean muscle growth. A serving immediately after training quickly delivers post-performance replenishment and helps launch repair and recovery. **PROLAB® WHEY ISOLATE** is also ideally suited for supporting weight loss goals. With only 110 calories, ALMOST ZERO grams of fat, and ZERO sugar, it's a perfect high protein snack to help control hunger between meals.^{†*} You do your part. We'll do ours.™

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[†]This product is to be used in conjunction with a healthy diet and exercise regimen.

[‡]Based on the typical amino acid profile of the protein.

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. People with allergies to milk or soy should consult their healthcare professional before taking this product.



**23 grams of Protein
Per Scoop**

**Ultra Pure, Fast
Absorbing Protein[†]**

**Stimulates Lean
Muscle Growth[‡]**

**Over 21 grams of
Amino Acids for Quick
Post-Performance
Replenishment^{†*}**

**ALMOST ZERO Fat and
ZERO Sugar!**



SCAN AND LEARN MORE
ABOUT THIS PRODUCT
AND PROLAB®



Milk Chocolate
Naturally Flavored

DIETARY SUPPLEMENT
NET WT. 5LBS (2.25KG)

PROLAB®
PERFORMANCE SIMPLIFIED™

WHEY ISOLATE

**RECOVERY
REPLENISH
PERFORMANCE**

**23 GRAMS OF
REPLENISHING WHEY
PROTEIN ISOLATE[†]**



Distributed By
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Directions:

For a Quick Ultra-Concentrated Shot – Mix one scoop with 3-4 fl. oz. of cold water or your favorite beverage using a shaker cup or blender.

For a Shake – Mix one scoop with 6-8 fl. oz. of cold water or your favorite beverage using a shaker cup or blender.

Supplement Facts

Serving Size 1 Scoop (30 g)		
Servings Per Container Approximately 75		
Amount Per Serving		% DV ^{††}
Calories	110	
Total Fat	0.5 g	1%
Saturated Fat	0 g	0%
Trans Fat	0 g	**
Cholesterol	5 mg	2%
Total Carbohydrates	3 g	1%
Dietary Fiber	0.5 g	2%
Total Sugars	0 g	**
Added Sugars	0 g	0%
Protein	23 g	
Calcium	120 mg	9%
Iron	0.73 mg	10%
Phosphorus	66 mg	5%
Magnesium	32 mg	8%
Sodium	62 mg	3%
Potassium	192 mg	4%
L-Taurine	500 mg	**

^{††}Percent Daily Values are based on a 2000 calorie diet.

^{**}Daily Values not established.

Typical Amino Acid Profile

Amount Per 100 g	% DV ^{††}
Essential Amino Acids	
L-Leucine	9,030 mg **
L-Isoleucine	5,762 mg **
L-Valine	4,558 mg **
L-Lysine	8,772 mg **
L-Threonine	5,848 mg **
L-Methionine	1,978 mg **
L-Phenylalanine	2,494 mg **
L-Tryptophan	1,806 mg **
Non Essential Amino Acids	
L-Arginine	1,806 mg **
L-Aspartic Acid	9,546 mg **
L-Cystine	2,150 mg **
L-Alanine	3,956 mg **
L-Glutamic Acid	14,706 mg **
L-Glycine	1,548 mg **
L-Histidine	1,462 mg **
L-Proline	4,988 mg **
L-Serine	3,698 mg **
L-Tyrosine	2,494 mg **

Ingredients: Whey Protein Isolate, Cocoa Powder, Glucose Polymers, Natural Flavors, Xanthan Gum, Sucralose, Acesulfame Potassium, Sunflower Lecithin.
Contains: Milk.

Manufactured in a facility which processes Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, and Soybeans.

No: Eggs, Wheat, Nuts/Peanuts, Fish/Shellfish.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. PRODUCT DOES NOT COMPLETELY FILL CONTAINER. SETTLING OCCURS IN SHIPPING.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**