

#32307A EXP 3/13

DIRECTIONS: Three (3) capsules 1-2 times daily as a dietary supplement, or as directed by a Doctor. Best taken between meals or at bedtime.

STORAGE: Keep tightly closed in a dry place; do not expose to excessive heat.

KEEP OUT OF THE REACH OF CHILDREN.

CAUTION: Pregnant or lactating women, or individuals taking prescription medications, consult your healthcare professional before taking this product.

Manufactured in a GMP Certified Facility

Metabolic Maintenance Products
PO Box 940, Sisters, Oregon 97759
www.metabolicmaintenance.com



**SPECIALTY
PRODUCT**

120 CAPSULES

**Metabolic
Maintenance**

DIETARY SUPPLEMENT

MetaCalm™

Supplement Facts

Serving Size: 3 capsules Servings per container: 40

Amount per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	40 mg 67%
Vitamin B-6 (as Pyridoxal 5 Phosphate)	25 mg 1250%
Folate (as L-5-Methyltetrahydrofolate)	200 mcg 50%
Vitamin B-12 (as Methylcobalamin)	30 mcg 500%
Magnesium (as Magnesium Glycinate)	200 mg 50%
Zinc (as Zinc Glycinate)	10 mg 67%
Selenium (as L-Selenomethionine)	70 mcg 100%
Proprietary Blend	900 mg *
GABA (Gamma Aminobutyric Acid), Taurine, Inositol, 5-HTP (5-Hydroxy-L-Tryptophan), L-Theanine	

* Daily Value not established for this ingredient

Other ingredients: vegetarian capsule, L-leucine.