

Other Ingredients: Microcrystalline cellulose, croscarmellose, chlorophyll coating.

FREE of: Gluten, sugar, salt, starch, yeast, corn, soy, wheat, lactose, milk, egg, fish products, artificial coloring, flavoring, or preservatives added.

Directions: As a dietary supplement take 1 tablet 2 times daily.

Viva Hair contains effective amounts of both cysteine and biotin, as well as a whole host of vitamins, minerals and herbs to support healthy hair. Viva Hair can help protect hair from the damaging effects of free radicals. In addition, Viva Hair helps to create an ideal environment for hair growth.†

Store in a cool dry place. Do not refrigerate. Please recycle.

Keep out of reach of children. Do not use if safety seal under cap is broken or missing.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

©2018 Manufactured exclusively for Viva Vitamins™

For more information, visit www.vivavitamins.com

MADE IN THE USA • IN GOD WE TRUST • NON-GMO

Manufactured in an NSF - GMP Certified Facility

We at Viva are proud to use only the best food-based ingredients in our supplements. Our raw materials come from the USA, and we use only organic sources to ensure you're getting the best product possible, from the ground up!



viva
vitamins™

HAIR™



**With L-Cysteine and Biotin
to support healthy hair†**

**We always use the
highest quality
ingredients**

premium formulas • 60 tablets • dietary supplement

Supplement Facts

Servings Per Container: 30

Serving Size: 2 Tablets

Amount Per Serving		%DV*
Vitamin C	200 mg	222%
(as Ascorbic Acid, Calcium Ascorbate)		
Niacin (as Niacinamide)	30 mg	188%
Vitamin B6 (Pyridoxine HCl)	75 mg	4412%
Folic Acid	400 mcg	100%
Vitamin B12 (Cyanocobalamin)	25 mcg	1042%
Biotin	2000 mcg	6667%
Pantothenic acid	100 mg	2000%
(as Calcium Pantothenate)		
Iron (as Gluconate)	10 mg	56%
Iodine (from Kelp)	150 mcg	100%
Zinc (as Gluconate)	30 mg	273%
Copper (as Gluconate)	2 mg	222%
Manganese (as Gluconate)	10 mg	435%
Choline (as Bitartrate)	200 mg	36%
L-Cysteine	400 mg	**
PABA (Para Amino Benzoic Acid)	150 mg	**
Inositol	100 mg	**
Proprietary Hair Support Blend	224 mg	**
Horsetail Extract, GLA Powder (from Borage Oil)		

* %Daily Value based on a 2,000 calorie per day diet.

** %Daily Value (DV) has not been established.