



LECITHIN GRANULES

Dietary Supplement

Protects and serves as a major structural component of brain cells*

80

1 lb. (454 grams)



Supplement Facts		
Serving Size 1 Tablespoon (7.5 g)		
Amount Per Serving	% Daily Value	
Calories	53	
Calories from Fat	36	
Total Fat:	4 g	6%**
Saturated Fat	1 g	5%**
Polyunsaturated Fat	2.5 g	†
Monounsaturated Fat	0.4 g	†
Trans Fat	0 g	†
Total Carbohydrates	less than 1 g	0%**
Phosphorus	255 mg	26%
Potassium	90 mg	3%
Lecithin	7,500 mg	†
(providing Phosphatidylcholine 1,725 mg, Phosphatidylinositol 1,050 mg and Phosphatidylethanolamine 1,500 mg)		
** Percent Daily Values are based on a 2,000 calorie diet.		
† Daily Value not established.		

Bronson's lecithin is a concentrated granular form of soybean lecithin. It is an all natural product made up primarily by three types of phosphatides: Phosphatidylcholine, Phosphatidylethanolamine and Phosphatidylinositol.

Granular lecithin has a nutlike taste. As in all genuine granular lecithins, it contains no dilutants or additives such as soyflour and various proteins.

Color of lecithin may vary due to seaonsal changes of soybeans.

Contains Soy.

Directions: As a dietary supplement for adults, take 1 tablespoon daily or as directed by a health professional. Lecithin is a pleasant addition to cereals, soups, salads, fruit juices, protein drinks and vegetable juices. To ensure freshness, keep container sealed and dry.

WARNING: Consult a healthcare professional before taking this product if you are pregnant or nursing.

Store at room temperature.
Protect from light.
Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Discover the Bronson Difference®

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