Directions: As a dietary supplement, take two capsules 30 minutes before breakfast and another two capsules 30 minutes before lunch. If you prefer, you may take 2 capsules 30 minutes before supper in place of breakfast or lunch. Take with 8 ounces of water.

Viva Carb-Arrest is the ultimate dietary supplement for helping to reduce the absorption of unwanted, excess calories from dietary starch and fat. In addition, Carb-Arrest may help reduce appetite. Carb-Arrest may assist in weight control when used in conjunction with a sensible diet and exercise program.[†]

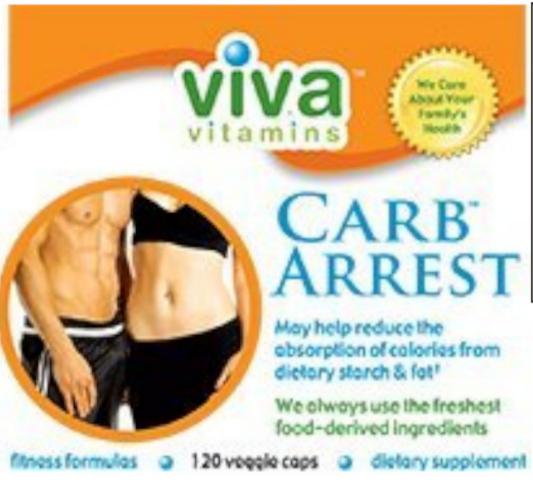
Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease

©2015 Manufactured exclusively for Viva VitaminsTM 25908 McBean Pkwy, Valencia, CA 91355 for more information visit www.vivavitamins.com MADE IN THE USA • In God We Trust • Non-GMO





Supplement Facts

Serving Size: 4 Veggie Caps

Servings Per Container: 30

A	mount Per Serving	% DV
Kidney bean extract (Phase 2® white kidney bean extr (<i>Phaseolus vulgaris L.</i> , dried	1000 mg ract) bean)	†
Gymnema sylvestre extract (lea [standardized for 25% gymnemic	at) 500 mg acid (125 mg)]	†
Citrin® Garcinia cambogia extra (fruits) [Standardized for 50% (-) hydroxycitric acid (250 mg)]	ct 500 mg	†
Chitosan (90% deacetylated chitin)	500 mg	†
* % Daily Value (DV) has not been	petablished	

Other Ingredients: Vegetable cellulose and magnesium stearate.

Citrin® is a registered trademark of Sabinsa Corporation.

Phase 2[®] is a trademarked material of Pharmachem Laboratories, Inc.

Contains: Crustacean shellfish (lobster, crab, shrimp).

Contains No: Gluten, sugar, salt, starch, corn, wheat, lactose, citrus, milk, egg, artificial coloring, flavoring, or preservatives.

Best if used by: