

Directions: As a dietary supplement, take two capsules 30 minutes before breakfast and another two capsules 30 minutes before lunch. If you prefer, you may take 2 capsules 30 minutes before supper in place of breakfast or lunch. Take with 8 ounces of water.

Viva Carb-Arrest is the ultimate dietary supplement for helping to reduce the absorption of unwanted, excess calories from dietary starch and fat. In addition, Carb-Arrest may help reduce appetite. Carb-Arrest may assist in weight control when used in conjunction with a sensible diet and exercise program.[†]

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

[†] These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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for more information visit www.vivavitamins.com
MADE IN THE USA • In God We Trust • Non-GMO
Manufactured in an NSF - GMP Certified Facility



The image shows the packaging for Viva Vitamins Carb-Arrest. At the top, the 'viva vitamins' logo is displayed in green and white. To the right is a gold seal that says 'We Care About Your Family's Health'. Below the logo is a circular inset image showing a man's midsection before and after weight loss. The product name 'CARB ARREST' is written in large, blue, serif capital letters. Below the name, it says 'May help reduce the absorption of calories from dietary starch & fat!'. At the bottom, it states 'We always use the freshest food-derived ingredients'. The bottom of the box features the text 'fitness formulas', '120 veggie caps', and 'dietary supplement' with small circular icons between them.

Supplement Facts

Serving Size: 4 Veggie Caps

Servings Per Container: 30

	Amount Per Serving	% DV
Kidney bean extract (Phase 2® white kidney bean extract) (<i>Phaseolus vulgaris</i> L., dried bean)	1000 mg	†
<i>Gymnema sylvestre</i> extract (leaf) [standardized for 25% gymnemic acid (125 mg)]	500 mg	†
Citrin® <i>Garcinia cambogia</i> extract (fruits) [Standardized for 50% (-) hydroxycitric acid (250 mg)]	500 mg	†
Chitosan (90% deacetylated chitin)	500 mg	†

* % Daily Value (DV) has not been established.

Other Ingredients: Vegetable cellulose and magnesium stearate.

Citrin® is a registered trademark of Sabinsa Corporation.

Phase 2® is a trademarked material of Pharmachem Laboratories, Inc.

Contains: Crustacean shellfish (lobster, crab, shrimp).

Contains No: Gluten, sugar, salt, starch, corn, wheat, lactose, citrus, milk, egg, artificial coloring, flavoring, or preservatives.

Best if used by: