

Directions: As a dietary supplement, take 1 or more tablets daily.

Calcium and Magnesium are essential minerals that work synergistically with one another to promote enhanced absorption. Calcium is necessary for strong bones and teeth, and Magnesium is important for healthy enzymatic activity. The Zinc to Calcium to Magnesium ratio is essential for maximum synergistic utilization.[†]

Contains No: Gluten, sugar, salt, starch, yeast, corn, soy, wheat, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives.

Store in a cool dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

[†] These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured in an NSF - GMP Certified Facility



**chelated
calcium &
magnesium
with zinc**

**viva
vitamins**

CAL-MAG-ZINC

500 250 25

Supports healthy bones
with mineral transporters[†]

**Ideal ratio of Calcium to
Magnesium to Zinc**

We always use the
freshest food-derived
ingredients

premium formulas • 100 Tablets • dietary supplement

Supplement Facts

Serving Size: 1 Tablet Servings Per Container: 100

	Amount Per Serving	%DV*
Vitamin D3 (Cholecalciferol)	200 IU	50%
Calcium (as Carbonate, Amino Acid Chelate, Aspartate, Ascorbate, Citrate, Fumarate, Gluconate, Ketoglutarate, Malate, Succinate, Histidinate)	500 mg	50%
Magnesium (as Oxide, Amino Acid Chelate, Aspartate, Ascorbate, Citrate, Fumarate, Gluconate, Ketoglutarate, Malate, Succinate, Histidinate)	250 mg	63%
Zinc (as Citrate)	25 mg	167%

* Daily Values are based on a 2,000 Calorie diet.

Other Ingredients: Stearic acid (vegetable source), croscarmellose, titanium dioxide, hydroxypropylmethylcellulose, magnesium (vegetable source), titanium dioxide.

Best if used by: