

basic's

Women's Multivitamin Health Formula With Calcium & Extra Iron

GLUTEN FREE

DIETARY SUPPLEMENT
HIGH QUALITY BASICS



90
TABLETS

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF THE REACH OF CHILDREN.

DO NOT USE IF INNER SEAL

IS MISSING OR BROKEN.

STORE IN COOL, DRY ROOM.

DIRECTIONS: Adults, take one (1) tablet daily, preferably with a meal.

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		% of Daily Value
Vitamin A (Acetate & Beta Carotene)	750 mcg	150%
Vitamin C (Ascorbic Acid)	60 mg	120%
Vitamin D-3 (Cholecalciferol)	10 mcg	200%
Vitamin E (dl-Alpha Tocopherol Acetate)	13.5 mg	270%
Vitamin B-1 (Thiamine Mononitrate)	1.5 mg	120%
Vitamin B-2 (Riboflavin)	1.7 mg	170%
Niacinamide	10 mg	200%
Vitamin B-6 (Pyridoxine HCl)	2 mg	100%
Folic Acid	600 mcg DFE	120%
Vitamin B-12 (Cyanocobalamin)	6 mcg	120%
Pantothenic Acid (Calcium Pantothenate)	5 mg	100%
Calcium (Calcium Carbonate)	400 mg	80%
Magnesium (Magnesium Oxide)	50 mg	100%
Zinc (Zinc Oxide)	15 mg	150%
Iron (Ferrous Fumarate)	18 mg	180%

Other Ingredients: Cellulose, croscarmellose sodium, silicon dioxide, stearic acid, magnesium stearate, hydroxypropyl methylcellulose, polyethylene glycol, FD&C Yellow #5, FD&C Yellow #6, FD&C Blue #2.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

www.basicvitamins.com

Product #3334

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