

Vitabasic Complete

HIGH POTENCY MULTIVITAMIN
MULTIMINERAL FORMULA
Every Essential Daily Vitamin

GLUTEN FREE
DIETARY SUPPLEMENT
HIGH QUALITY BASICS



100
TABLETS

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Directions: Adults, take one (1) tablet daily, preferably with a meal.

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% of Daily Value	Amount Per Serving	% of Daily Value
Vitamin A (75% as retinyl acetate & 25% as beta carotene)	1500 mcg 117%	Calcium (as calcium carbonate, diacalcium phosphate, calcium panthothenate)	200 mg 15%
Vitamin C (as ascorbic acid)	60 mg 60%	Iron (as ferrous fumarate)	18 mg 100%
Vitamin D (as cholecalciferol)	20 mcg 100%	Phosphorus (as dicalcium phosphate)	20 mg 2%
Vitamin E (as dl-alpha-tocopheryl acetate)	12.5 mg 99%	Iodine (as potassium iodide)	150 mcg 100%
Vitamin K (as phytylanthraquinone)	25 mcg 21%	Magnesium (as magnesium oxide)	50 mg 12%
Thiamin (as thiamine mononitrate)	1.5 mg 100%	Zinc (as zinc oxide)	11 mg 100%
Riboflavin	1.7 mg 100%	Selenium (as sodium selenite)	55 mcg 100%
Niacin (as niacinamide)	20 mg 100%	Copper (as copper sulfate)	0.5 mg 50%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg 110%	Manganese (as manganese sulfate)	2.3 mg 100%
Folate	667 mcg DFE (400 mcg folic acid) 167%	Chromium (as chromium picolinate)	35 mcg 100%
Vitamin B12 (as cyanocobalamin)	6 mcg 250%	Molybdenum (as sodium molybdate)	45 mcg 100%
Biotin	20 mcg 100%	Chloride (as potassium chloride)	17 mg 2%
Pantothenic acid (as calcium pantothenate)	10 mg 200%	Potassium (as potassium chloride)	60 mg 2%

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, maltodextrin, starch. Contains less than 2% of: magnesium stearate, hypromellose, silicon dioxide, sucrose, acacia gum, titanium dioxide, triethyl citrate, gelatin, medium chain triglycerides, alginate, FD&C yellow #6 lake, carnauba wax, BHT, DL-alpha tocopherol.

www.basicvitamins.com

Product # 85

Carefully manufactured for Basic Vitamins, Inc.

Wendota, Ohio 45377 USA 937-898-4010

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF INNER SEAL IS MISSING.
OR BROKEN, STORE IN COOL, DRY PLACE