

Directions: Ages 14 and up, one (1) packet daily. Empty contents into a glass, add 4-6 oz of water, stir. For lighter flavor, mix with more water. Do not exceed suggested use.

Supplement Facts

Serving Size 1 Packet (8.4 g)

| Amount Per Serving | % Daily Value |
|---|---|
| Calories | 25 |
| Total Carbohydrate | 5 g 2%† |
| Total Sugars | 5 g * |
| Includes 5 g Added Sugars | 10%† |
| Vitamin C (as ascorbic acid, zinc ascorbate) | 250 mg 278% |
| Thiamin (as thiamine hydrochloride) (Vit. B ₁) | 0.36 mg 30% |
| Riboflavin (as riboflavin-5'-phosphate) (Vit. B ₂) | 0.39 mg 30% |
| Niacin (Vit. B ₃) | 4 mg 25% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 10 mg 588% |
| Folate (Vit. B ₉) | 167 mcg DFE 42% (100 mcg Folic Acid) |
| Vitamin B ₁₂ (as cyanocobalamin) | 25 mcg 1,042% |
| Pantothenic Acid (as calcium pantothenate) (Vit. B ₅) | 2.5 mg 50% |
| Calcium (as calcium carbonate, monobasic calcium phosphate, tribasic calcium phosphate, calcium pantothenate)‡ | 50 mg 4% |
| Phosphorus (as monobasic potassium phosphate, monobasic calcium phosphate, monobasic sodium phosphate, tribasic calcium phosphate)‡ | 38 mg 3% |
| Magnesium (as magnesium hydroxide, magnesium carbonate)‡ | 53 mg 13% |
| Zinc (as zinc ascorbate) | 2 mg 18% |
| Manganese (as manganese gluconate) | 0.5 mg 22% |
| Chromium (as chromium picolinate) | 10 mcg 29% |
| Sodium (as sodium bicarbonate, monobasic sodium phosphate)‡ | 70 mg 3% |
| Potassium (as potassium bicarbonate, potassium carbonate, monobasic potassium phosphate)‡ | 200 mg 4% |
| Elderberry Juice Concentrate (<i>Sambucus nigra</i>) | 50 mg |

†Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established. ‡Electrolytes

Other Ingredients: Sugar, Fructose, Citric Acid, Maltodextrin, Malic Acid. **Contains <2% of:** Blackberry Juice Concentrate (flavor), Glycine, L-Aspartic Acid, Natural Flavors, Rebaudioside A (extracted and purified from natural stevia leaf), Silicon Dioxide, Tartaric Acid, Vegetable Concentrates (carrot, hibiscus) (color).

As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use.

Not formulated for use in children.

Keep out of reach of children.
Store at room temperature. Protect from moisture.
Carton contains individual packets. Do not use if packet seal is torn or broken.

*Vitamin C, Zinc and Manganese

Distributed by: **Alacer Corp.**
Carlisle, PA 17013
Consumer Line: 1.800.245.1040
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Emergen-C

Elderberry

Daily Immune Support*
and Botanicals

- Natural Elderberry
- High Potency Vitamin C
- Antioxidants,* B Vitamins and Electrolytes



Elderberry

Flavored Fizzy Drink Mix with other Natural Flavors
DIETARY SUPPLEMENT

18-0.29 OZ (8.4 g) PACKETS
NET WT. 5.2 OZ (151 g)

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Emergen-C

Elderberry

Your favorite fizzy drink mix has taken a botanical twist – infused with the goodness of natural elderberry!

Support your immune system with a daily dose of **250 mg Vitamin C**, and antioxidants **zinc and manganese**.* You'll also get a boost of **7 B vitamins** – to enhance energy naturally – and key electrolytes.*

All that goodness blended with a naturally flavored Elderberry burst! Yum!

Gluten-Free • Vegetarian • Caffeine-Free



6 oz.
5 oz.
4 oz.

Fix it how you like it!

Can be taken with other Emergen-C products.

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