

Meta -28™ is a vegetable and grain sourced, high-protein supplement fortified with over 20 essential vitamin and minerals. This nutrition-rich powder contains a patented Irvingia extract, clinically proven to support weight management by helping to control appetite, boost metabolism, and promote metabolic balance.*
Gluten and Excipient-free.

DIRECTIONS: Mix one (1) scoop with 6-8 ounces of water. Add juice or fruit if desired. Blend, shake, or stir until smooth.

STORAGE: Keep tightly closed in a cool, dry place, out of the reach of children.

Manufactured in a GMP Compliant Facility
Metabolic Maintenance Products PO Box 940, Sisters, Oregon 97759
www.metabolicmaintenance.com

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any diseases.



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WEIGHT
MANAGEMENT

690 grams / 1.5 lbs.

**Metabolic
Maintenance**

DIETARY SUPPLEMENT

Meta -28™
Protein

appetite control drink
Rice/Hemp/Pea/Chia

30 Servings

Supplement Facts

Serving Size: One (1) scoop (23g)

Servings Per Container: 30

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Calories 80		Vitamin B-12 12 mcg	200%
Calories from fat 20		(as Methylcobalamin)	
Total Fat 2 g	3%	Biotin (as d-biotin) 25 mcg	8%
Saturated Fat 1 g	5%	Pantothenic Acid 6 mg	60%
Total Carbohydrate 4 g	1%	(as Calcium Pantothenate)	
Dietary Fiber 2 g	8%	Calcium 135 mg	14%
Sugars 1 g	†	(from Calcium Citrate and naturally occurring)	
Sodium (naturally occurring) 100 mg	4%	Iron (naturally occurring) 1 mg	3%
Protein 10 g	20%	Iodine (from Potassium Iodide) 18 mcg	12%
Vitamin A 2000 IU	40%	Magnesium 88 mg	22%
(as Beta Carotene and Retinyl Palmitate)		(from Magnesium Glycinate and naturally occurring)	
Vitamin C 60 mg	100%	Zinc (from Zinc Glycinate) 3.8 mg	25%
(as Ascorbic Acid)		Selenium 25 mcg	36%
Vitamin D-3 100 IU	25%	(from L-Selenomethionine)	
(as Cholecalciferol)		Copper (as Copper Glycinate) 0.25 mg	13%
Vitamin E 25 IU	83%	Manganese 1 mg	50%
(as d-Alpha Tocopherol Acetate & Mixed Tocopherols)		(as Manganese Glycinate)	
Vitamin K-1 25 mcg	33%	Chromium 50 mcg	42%
Thiamine 1 mg	67%	(as Chromium Nicotinate)	
(as Thiamine Mononitrate)		Molybdenum 6 mcg	8%
Riboflavin 1 mg	59%	(as Molybdenum Glycinate)	
(as Riboflavin 5 Phosphate)		Boron 0.25 mg	†
Niacin (as Niacinamide) 6 mg	30%	(as Boron Citrate)	
Vitamin B-6 3.7 mg	185%	Irvingia gabonensis Seed Extract 150mg	†
(as Pyridoxal 5 Phosphate)		U.S. Patent 7,537,790	
Folate 100 mcg	25%		
(as L-5-Methyltetrahydrofolate)			

† Daily Value not established for this ingredient.

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

OTHER INGREDIENTS: pea protein isolate, rice protein concentrate, hemp protein concentrate, medium chain triglycerides, rice syrup solids, milled chia seed, inulin, tapioca maltodextrin, glycine, natural flavors, xanthan gum, stevia leaf extract. Contains no dairy, wheat, yeast, soy protein, artificial sweeteners, preservatives, or colors.