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DO NOT USE IF INNER SEAL IS MISSING
OR BROKEN. STORE AT ROOM TEMPERATURE.

basic's

NUTRITION RICH PRENATAL VITAMINS

For pregnant and
lactating women

DIETARY SUPPLEMENT
GLUTEN FREE
HIGH QUALITY BASICS



90 TABLETS

DIRECTIONS: As a dietary supplement, take one tablet daily with a meal or as directed by your healthcare practitioner.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% of Daily Value*	
Vitamin A (as retinyl acetate and 20% as beta carotene)	1200 mcg	99%
Vitamin C (as ascorbic acid)	100 mg	83%
Vitamin D (as cholecalciferol)	10 mcg	67%
Vitamin E (as dl-alpha tocopheryl acetate)	4.95 mg	26%
Thiamin (as thiamine mononitrate)	1.84 mg	131%
Riboflavin	1.7 mg	100%
Niacin (as niacinamide)	18 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	2.6 mg	130%
Folate	1333.34 mcg DFE (800 mcg folic acid)	232%
Vitamin B12 (as cyanocobalamin)	4 mcg	143%
Calcium (as dicalcium phosphate)	200 mg	15%
Iron (as ferrous fumarate)	27 mg	100%
Phosphorus (as dicalcium phosphate)	160 mg	13%
Zinc (as zinc oxide)	25 mg	192%

*Daily Value for pregnant and lactating women.

OTHER INGREDIENTS: Microcrystalline cellulose, croscarmellose sodium, stearic acid, Contains less than 2% of: Magnesium stearate, starch, hypromellose, sucrose, gum acacia, gelatin, silicon dioxide, alginate, medium chain triglycerides, polyethylene glycol, hydroxypropyl cellulose, BHT, carnauba wax, dl-alpha tocopherol.

www.basicvitamins.com

Product #104

Carefully Manufactured for Basic Drugs, Inc.

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