

Directions: Ages 14 and up, one (1) packet daily. Empty contents into a glass, add 4-8 oz of water, stir. For lighter flavor, mix with more water. Do not exceed suggested use.

## Supplement Facts

Serving Size 1 Packet (9.1 g)

Amount Per Serving		% DV
Calories	35	
Total Carbohydrate	8 g	3% <sup>1</sup>
Total Sugars	6 g	*
Includes 5 g Added Sugars		10% <sup>1</sup>
Vitamin C (as ascorbic acid, zinc ascorbate)	1,000 mg	1,111%
Thiamin (as thiamine hydrochloride) (Vit. B <sub>1</sub> )	0.36 mg	30%
Riboflavin (as riboflavin-5'-phosphate) (Vit. B <sub>2</sub> )	0.39 mg	30%
Niacin (Vit. B <sub>3</sub> )	4 mg	25%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)	10 mg	588%
Folate (Vit. B <sub>9</sub> )	167 mcg DFE (100 mcg Folic Acid)	42%
Vitamin B <sub>12</sub> (as cyanocobalamin)	25 mcg	1,042%
Pantothenic Acid (as calcium pantothenate) (Vit. B <sub>5</sub> )	2.5 mg	50%
Calcium (as calcium carbonate, monobasic calcium phosphate, tribasic calcium phosphate, calcium pantothenate) <sup>2</sup>	50 mg	4%
Phosphorus (as monobasic potassium phosphate, monobasic calcium phosphate, monobasic sodium phosphate, tribasic calcium phosphate) <sup>2</sup>	38 mg	3%
Magnesium (as magnesium hydroxide, magnesium carbonate) <sup>2</sup>	53 mg	13%
Zinc (as zinc ascorbate)	2 mg	18%
Manganese (as manganese gluconate)	0.5 mg	22%
Chromium (as chromium picolinate)	18 mcg	25%
Sodium (as sodium bicarbonate, monobasic sodium phosphate) <sup>2</sup>	65 mg	3%
Potassium (as potassium bicarbonate, potassium carbonate, monobasic potassium phosphate) <sup>2</sup>	200 mg	4%

<sup>1</sup>Percent Daily Values (DV) are based on a 2,000 calorie diet.

<sup>2</sup>Daily Value not established. <sup>3</sup>Electrolytes

Other Ingredients: Sugar, Fructose, Citric Acid, Malic Acid, Citralex™, Contains <2% of: Ascorbic Acid, Fruit Juice Concentrate (color), Caramel Color, Fruit Juice Concentrates (blackberry, raspberry, cherry) (color and flavor), Glycine, L-Aspartic Acid, Maleic Acid, Natural Flavors, Rebaudioside A (extracted and purified from natural stevia leaf), Silicon Dioxide, Tartaric Acid.

### Immune Support

1,000 mg of vitamin C plus other antioxidants zinc and manganese support your immune system.\*

### Energy

7 B vitamins including B<sub>1</sub>, B<sub>2</sub>, B<sub>3</sub>, B<sub>5</sub>, B<sub>6</sub>, B<sub>9</sub>, and B<sub>12</sub> enhance energy naturally\* without caffeine.

### Electrolytes

Great for post-workout, replace key electrolytes lost through perspiration.\*

feel the  
**Good**™

If you are pregnant, nursing, or taking medication, consult your doctor before use.

Keep out of reach of children.

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Consumer Line: 1.888.425.2362 [emergenc.com](http://emergenc.com)  
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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# 1,000 mg Vitamin C

## Daily Immune Support\*

Antioxidants,<sup>1</sup> B Vitamins & Electrolytes

## Raspberry

Flavored Fizzy Drink Mix with other Natural Flavors



Natural  
fruit  
flavors

DIETARY SUPPLEMENT

<sup>1</sup>Vitamin C, Zinc & Manganese

10-0.32 OZ (9.1 g) PACKETS / NET WT. 3.2 OZ (91 g)

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## Naturally, It's Good for You!

It's sweet; it's nutritious; it's berry-licious. In other words, it really puts the razz in raspberry. With each sip, you can feel the essential nutrients flow through your body in a wave of Emergen-C<sup>®</sup> rejuvenation. If feeling good is your thing, you found the right box.

Get your free samples at [emergenc.com](http://emergenc.com)<sup>1</sup>

<sup>1</sup>While supplies last. See [emergenc.com](http://emergenc.com) for limited time.



Fix It  
How You Like It!

Less Water = More Flavor



Store at room temperature. Protect from moisture. Carton contains individual packets. Do not use if packet seal is torn or broken.

PKA031000