

#7842A EXP 12/12

Each preservative-free vegetarian capsule contains only the active ingredients listed on the label. **Excipient-free.**

STORAGE: Keep tightly closed in a dry place; do not expose to excessive heat.

KEEP OUT OF THE REACH OF CHILDREN.

CAUTION: Pregnant or lactating women, consult your healthcare professional before taking this product.

Manufactured in a GMP Certified Facility
Metabolic Maintenance Products
PO Box 940, Sisters, Oregon 97759
www.metabolicmaintenance.com



SPECIALTY
PRODUCT

180 CAPSULES

**Metabolic
Maintenance**

DIETARY SUPPLEMENT

Melatonin
Time-Release

2 MG

DIRECTIONS: One (1) capsule at bedtime as a dietary supplement, or as directed by a Doctor.

Supplement Facts

Serving Size: 1 capsule

Amount Per Capsule	% Daily Value
Melatonin	2 mg *

* Daily Value not established for this ingredient

Other ingredients: guar gum (a water-soluble fiber), vegetarian capsule.