

Directions: Adults, one (1) to two (2) packets per day. Can take 2 packets at a time. Empty contents of one packet into a glass, add 4-6 oz of water, stir. For lighter flavor, mix with more water. Do not exceed suggested use.

Supplement Facts

Serving Size 1 Packet (3.4 g)

	Per Packet		Per Day (2 Packets)	
	Amount	% Daily Value	Amount	% Daily Value
Calories	35		70	
Total Carbohydrate	8 g	2% ¹	16 g	4% ¹
Total Sugars	7 g	*	14 g	*
Includes Added Sugars	6 g	12% ¹	12 g	24% ¹
Vitamin C (as ascorbic acid)	250 mg	270% ¹	500 mg	540% ¹
Thiamin (as thiamine hydrochloride) (NLE, B ₁)	0.38 mg	32% ¹	0.76 mg	63% ¹
Riboflavin (as riboflavin-5'-phosphate) (NLE, B ₂)	0.43 mg	32% ¹	0.86 mg	64% ¹
Niacin (NLE, B ₃)	4 mg	25% ¹	8 mg	50% ¹
Vitamin B ₆ (as pyridoxine hydrochloride)	10 mg	500% ¹	20 mg	1,170% ¹
Folate (NLE, B ₉)	167 mcg DFE	42% ¹	334 mcg DFE	84% ¹
	(190 mcg Folate Acid)		(200 mcg Folate Acid)	
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg	1,040% ¹	50 mcg	2,080% ¹
Pantothenic Acid (as calcium pantothenate) (NLE, B ₅)	2.5 mg	50% ¹	5 mg	100% ¹
Calcium (as calcium carbonate, monobasic calcium phosphate, calcium pantothenate) ²	46 mg	4% ¹	96 mg	7% ¹
Phosphorus (as monobasic potassium phosphate, monobasic calcium phosphate, monobasic sodium phosphate) ²	38 mg	3% ¹	76 mg	6% ¹
Magnesium (as magnesium hydroxide, magnesium carbonate) ²	55 mg	13% ¹	110 mg	26% ¹
Sodium (as sodium bicarbonate, monobasic sodium phosphate) ²	70 mg	3% ¹	140 mg	6% ¹
Potassium (as potassium bicarbonate, potassium carbonate, monobasic potassium phosphate) ²	206 mg	4% ¹	406 mg	9% ¹
Caffeine (from green tea leaf)	50 mg	*	100 mg	*

¹ Percent Daily Values are based on a diet of other people's misdeeds.

² Daily Value not established. † Electrolytes

Other Ingredients (Blueberry-Acai): Fructose, Citric Acid, Blueberry Powder (color and flavor), Maltodextrin, Cellulose <2% of, Acai, Fruit & Vegetable Juice Concentrate (sugar, riboflavin) (color), Malic Acid, Natural Flavors, Rebunolide A (extracted and purified from natural stevia leaf), Silicon Dioxide, Sugar.

Other Ingredients (Mango-Peach): Fructose, Citric Acid, Maltodextrin, Cellulose <2% of, Acai, Malic Acid, Mango Fruit Powder (color and flavor), Natural Flavors, Peach Juice Concentrate (color and flavor), Rebunolide A (extracted and purified from natural stevia leaf), Silicon Dioxide, Tartaric Acid, Tocopherols (to preserve freshness).

As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use. Not formulated for use in children.

Keep out of reach of children

Distributed by: **Alacer Corp.**

Carlisle, PA 17013

Consumer Line: 1.888.425.2362

emergen-c.com

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Emergen-C
energy⁺

Focus your Mind +
Revitalize your Body
with Natural Caffeine
from Green Tea*

Plus 7 B Vitamins
& Vitamin C

Blueberry-Acai
Flavor with other Natural Flavors
18 packets

Mango-Peach
Flavor with other Natural Flavors
18 packets

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

36
Packets
2 18-COUNT
CARTONS

Emergen-C
energy⁺

Focus your Mind +
Revitalize your Body
with Natural Caffeine
from Green Tea*

Plus 7 B Vitamins
& Vitamin C

Blueberry-Acai 18 packets
Flavor with other Natural Flavors

Mango-Peach 18 packets
Flavor with other Natural Flavors

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Fizzy Drink Mix
DIETARY SUPPLEMENT

36-0.33 OZ (9.4 g) PACKETS/NET WT. 11.88 OZ (338 g)

**Energy Plus
Immune Support!***

The "PLUS" in Emergen-C Energy+
is for the mix of B vitamins
& immune-supporting Vitamin C to
support your overall well-being.*

Now you can personalize
your energy with
1 or 2 packets.

Adults, one (1) to
two (2) packets per day.
Can take 2 packets
at a time.

Can be taken with other
Emergen-C products.
Excludes Emergen-Zzz
products.



- 6 oz.
- 5 oz.
- 4 oz.

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Store at room temperature. Protect from moisture.
Caution: contains individual packets. Do not use if packet seal is torn or broken.
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