

**DIRECTIONS:** One (1) softgel daily with a meal as a dietary supplement, or as directed by a Doctor.

Each preservative-free softgel capsule contains only the ingredients listed on the label.

**STORAGE:** Keep tightly closed in a cool, dry place; away from sunlight.

**KEEP OUT OF THE REACH OF CHILDREN.**



**SPECIALTY  
PRODUCT**

**Metabolic Maintenance**

Metabolic Maintenance Products  
Sisters, Oregon 97759  
[www.metabolicmaintenance.com](http://www.metabolicmaintenance.com)



**100 SOFTGELS**

**Metabolic  
Maintenance**

**DIETARY SUPPLEMENT**

**Mega  
Omega  
ES-EPA**

**400 EPA/200 DHA**

### Supplement Facts

Serving Size: 1 softgel

Amount Per Capsule	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Vitamin E (as d-Alpha Tocopherol)	10 IU	33%
Concentrated Fish Oil	1000 mg	**
Omega-3 Fatty Acids	620 mg	**
EPA (Eicosapentaenoic Acid)	400 mg	**
DHA (Docosahexaenoic Acid)	200 mg	**
Other Omega-3	20 mg	**

\* Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established for this ingredient

Other ingredients: capsule (gelatin, glycerin, water, natural citrus flavoring).

Contains oil from one or more of the following fish species: cod, anchovy, sardines, tuna.