

basic's

Nutritional Support

For Your

Skin, Hair

+

Nails

HIGH IN BIOTIN!

VITAMIN & MINERAL SUPPLEMENT

DIETARY SUPPLEMENT

60 TABLETS

Basic VITAMINS

DIRECTIONS: As a dietary supplement, take three tablets daily with a meal or as directed by your healthcare practitioner.

Supplement Facts

Serving Size: 3 Tablets
Servings Per Container: 20

| Amount Per Serving | % of Daily Value | Amount Per Serving | % of Daily Value |
|--|------------------------------------|---|------------------|
| Total Carbohydrate | 1 g <1%* | Calcium (as calcium carbonate, dicalcium phosphate, calcium pantothenate) | 200 mg 15% |
| Dietary Fiber | 1 g 4%* | Phosphorus (as dicalcium phosphate) | 90 mg 7% |
| Vitamin A (as retinyl acetate) | 1500 mcg 167% | Magnesium (as magnesium sulfate) | 50 mg 12% |
| Vitamin C (as ascorbic acid) | 60 mg 67% | Zinc (as zinc gluconate) | 7.5 mg 60% |
| Vitamin B1 (as thiamine hydrochloride) | 25 mcg 100% | Manganese (as manganese sulfate) | 2 mg 87% |
| Vitamin B2 (as riboflavin) | 6.75 mg 49% | | |
| Vitamin B3 (as niacinamide) | 5 mg 41% | Inositol | 30 mg ** |
| Vitamin B5 (as pantoic acid) | 2 mg 194% | PABA (p-aminobenzoic acid) | 10 mg ** |
| Vitamin B6 (as pyridoxine hydrochloride) | 25 mg 194% | Glucosylflavonoids complex | 30 mg ** |
| Folate | 333.5 mcg DFE (200 mcg folic acid) | Horsetail Powder (Equisetum arvense) (aerial parts) | 3 mg ** |
| Vitamin B12 (as cyanocobalamin) | 5 mcg 100% | Collagen (hydrolyzed) | 50 mg ** |
| Biotin | 3000 mcg 10000% | | |
| Pantothenic acid (as calcium pantothenate) | 15 mg 300% | | |
| Choline (as choline bitartrate) | 5 mg 7% | | |

OTHER INGREDIENTS: Microcrystalline cellulose, croscarmellose sodium. Contains less than 2% of: magnesium stearate, silicon dioxide, starch, maltodextrin, hypromellose, sucrose, acacia gum, gelatin, medium chain triglycerides, polyethylene glycol, hydroxypropyl cellulose, carnauba wax, BHT, DL-alpha tocopherol.

www.basicvitamins.com
937-898-4010

Product # 511

Manufactured For: Basic Drugs Inc. Vandalia, OH 45377 USA

**DO NOT USE IF INNER SEAL IS MISSING OR BROKEN.
KEEP OUT OF THE REACH OF CHILDREN.**

STORE AT ROOM TEMPERATURE.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical conditions, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.



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