

DIRECTIONS: One (1) softgel daily with a meal as a dietary supplement, or as directed by a Doctor.

This product is tested and has been determined to be fresh, fully potent, and free of detrimental levels of mercury, cadmium, lead, PCBs, and 28 other contaminants.

STORAGE: Keep tightly closed in a cool, dry place; away from sunlight.

KEEP OUT OF THE REACH OF CHILDREN.

Metabolic Maintenance Products
PO Box 940, Sisters, Oregon 97759
www.metabolicmaintenance.com



**SPECIALTY
PRODUCT**

**Metabolic
Maintenance**

DIETARY SUPPLEMENT

**Mega
Omega**

100 SOFTGELS

300 EPA/200 DHA

Supplement Facts

Serving Size: 1 softgel

Amount Per Capsule	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Vitamin E (as d-Alpha Tocopherol)	10 IU	33%
Omega-3 Fatty Acids (from fish oil)	600 mg	**
EPA (Eicosapentaenoic Acid)	300 mg	**
DHA (Docosahexaenoic Acid)	200 mg	**
Other Omega-3	100 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established for this ingredient

Other ingredients: capsule (gelatin, glycerin, water).
Contains oil from one or more of the following fish species:
anchovy, sardine, mackerel.

