

Ages 14 and up. One (1) packet daily. Empty contents into a glass, add 4-6 oz of water, stir. For lighter flavor, mix with more water. Do not exceed suggested use.

Supplement Facts

Serving Size 1 Packet (9.0 g)

Amount Per Serving		% Daily Value
Calories	30	
Total Carbohydrate	6 g	2%†
Total Sugars	6 g	*
Includes 6 g Added Sugars		12%†
Vitamin C (as ascorbic acid, zinc ascorbate)	250 mg	278%
Thiamin (as thiamine hydrochloride) (Vit. B ₁)	0.36 mg	30%
Riboflavin (as riboflavin-5'-phosphate) (Vit. B ₂)	0.39 mg	30%
Niacin (Vit. B ₃)	4 mg	25%
Vitamin B ₆ (as pyridoxine hydrochloride)	10 mg	588%
Folate (Vit. B ₉)	167 mcg DFE (100 mcg Folic Acid)	42%
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg	1,042%
Pantothenic Acid (as calcium pantothenate) (Vit. B ₅)	2.5 mg	50%
Calcium (as calcium carbonate, monobasic calcium phosphate, tribasic calcium phosphate, calcium pantothenate)‡	50 mg	4%
Phosphorus (as monobasic potassium phosphate, monobasic calcium phosphate, monobasic sodium phosphate, tribasic calcium phosphate)‡	38 mg	3%
Magnesium (as magnesium hydroxide, magnesium carbonate)‡	53 mg	13%
Zinc (as zinc ascorbate)	2 mg	18%
Manganese (as manganese gluconate)	0.5 mg	22%
Chromium (as chromium picolinate)	10 mcg	29%
Sodium (as sodium bicarbonate, monobasic sodium phosphate)‡	75 mg	3%
Potassium (as potassium bicarbonate, potassium carbonate, monobasic potassium phosphate)‡	200 mg	4%
Organic Turmeric Rhizome (<i>Curcuma longa</i>)	100 mg	*
Organic Ginger Root (<i>Zingiber officinale</i>)	150 mg	*

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established. ‡Electrolytes

Other Ingredients: Sugar, Fructose, Citric Acid, Malic Acid. Contains <2% of: Glycine, L-Aspartic Acid, Maltodextrin, Natural Flavors, Rebudioside A (extracted and purified from natural stevia leaf), Silicon Dioxide, Tangerine Juice Solids (flavor), Tartaric Acid.

As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use.

Not formulated for use in children.

Keep out of reach of children.

Store at room temperature. Protect from moisture.

Carton contains individual packets. Do not use if packet seal is torn or broken.

*Vitamin C, Zinc and Manganese

Distributed by: **Alacer Corp.**
Carlisle, PA 17013
Consumer Line: 1.800.245.1040
emergenc.com
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Emergen-C

Turmeric & Ginger

Daily Immune Support* and Botanicals

- Natural Turmeric & Ginger
- High Potency Vitamin C
- Antioxidants,* B Vitamins and Electrolytes



Citrus-Ginger

Flavored Fizzy Drink Mix with other Natural Flavors
DIETARY SUPPLEMENT

18-0.32 OZ (9.0 g) PACKETS
NET WT. 5.8 OZ (162 g)

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Emergen-C

Turmeric & Ginger

Your favorite fizzy drink mix has taken a botanical twist – infused with the goodness of organic turmeric and ginger!

Support your immune system with a daily dose of **250 mg Vitamin C**, and antioxidants zinc and manganese.* You'll also get a boost of **7 B vitamins** – to enhance energy naturally – and key electrolytes.*

All that goodness blended with a naturally flavored Citrus-Ginger zing! Yum!

Gluten-Free • Vegetarian • Caffeine-Free



6 oz.
5 oz.
4 oz.

Fix it how you like it!

Can be taken with other Emergen-C products.

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