

basic's

**MELATONIN**  
**5 mg**

**NO WHEAT, GLUTEN, SOY, MILK,  
LACTOSE, FISH.**

DIETARY SUPPLEMENT

HIGH QUALITY BASICS



**200 TABLETS**

**DIRECTIONS:** For adults, take one (1) tablet at bedtime as Melatonin may produce drowsiness.

**Supplement Facts**

Serving Size: 1 Tablet

Amount Per Serving	% of Daily Value
Melatonin	5 mg *

\*Daily Value not established.

Other Ingredients: Microcrystalline Cellulose. Contains less than 2% of: Magnesium Stearate, Silicon Dioxide, Hypromellose, Polyethylene Glycol, Hydroxypropyl Cellulose, Carnauba Wax.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical conditions, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18.

[www.basicvitamins.com](http://www.basicvitamins.com)

Carefully manufactured for Basic Drugs, Inc.  
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Product #155

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KEEP OUT OF THE REACH OF CHILDREN.  
DO NOT USE IF INNER SEAL  
IS MISSING OR BROKEN.  
STORE AT ROOM TEMPERATURE.