

Suntheanine® is the premier, patented form of the amino acid L-theanine. Suntheanine® is the purest form of L-theanine on the market today. L-theanine is an amino acid derived from green tea that is responsible for the relaxation-inducing effect of tea consumption. Suntheanine® has been shown to promote an alert state of relaxation. This is characterized by an increase in alpha brain waves (signifying a relaxed, alert state) and a decrease in beta brain waves (signifying an awake, excited state of mind).* Suntheanine® may also improve sleep quality, enhance mental acuity and soothe away tension and nervousness.*

Promotes a relaxed state without drowsiness*
Eases stress and everyday nervous tension*
Promotes a positive mood and alertness*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
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Doctor's BEST®

**Science-Based
Nutrition™**

**Dietary
Supplement**

Suntheanine® L-Theanine

RELAXATION WITHOUT DROWSINESS*
REDUCES STRESS AND TENSION*

150mg/90 Veggie Caps

Supplement Facts

Serving Size 1 capsule
Servings per container 90 servings

Amount per serving % Daily Value		
Suntheanine® L-theanine	150 mg	†

† Daily Value not established.

Other Ingredients: Rice powder, modified cellulose (vegetarian capsule.)

Suggested Adult Use: Take 1 capsule daily away from food, or as directed by a health care professional.

Suitable for Vegetarians

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS

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