

**basic's**

**MAGNESIUM**  
**400 mg**  
**Film Coated**

**GLUTEN FREE**  
**DIETARY SUPPLEMENT**  
**HIGH QUALITY BASICS**



**120**  
**TABLETS**

**DIRECTIONS:** Adults, as a nutritional supplement, take one tablet daily preferably with a meal.

**CONTAINS NO:** Gluten, Wheat, Soy, Dairy Products.

**Supplement Facts**

Serving Size: 1 Tablet

Amount Per Serving	% of Daily Value
Magnesium (as Magnesium Oxide) 400 mg	95%

**OTHER INGREDIENTS:** Microcrystalline cellulose, croscarmellose sodium, silicon dioxide, magnesium stearate, polyvinyl alcohol, titanium dioxide, polyethylene glycol, talc, carnauba wax and may contain stearic acid, hypromellose, sodium citrate.

**WARNING:** If you are pregnant, nursing, taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Product #320

[www.basicvitamins.com](http://www.basicvitamins.com)

Carefully manufactured for Basic Drugs, Inc.  
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KEEP OUT OF THE REACH OF CHILDREN.  
DO NOT USE IF INNER SEAL  
IS MISSING OR BROKEN.  
STORE IN A DRY, COOL ROOM.

