Strontium is a naturally occurring mineral present in water and food. Trace amounts of strontium are found in the human skeleton. Strontium has an affinity for bone and is taken up at the bone matrix crystal surface. The influence of strontium on bone metabolism has been researched since the 1950's. Studies indicate that strontium positively affects bone metabolism to promote bone formation rather than bone resorption, helping maintain bone density.

## Helps maintain strong, healthy bones.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose treat cure or prevent any disease.

Manfuctured for **Doctor's Best, Inc.** San Clemente, CA 92673

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## Supplement Facts

Serving Size 2 capsules Servings per container 30 servings

Amount per serving % Daily Value

Strontium 680 mg †
(elemental) (from 1944mg Strontium citrate)

† Daily Value not established.

Other Ingredients: Modified cellulose (vegetarian capsule), cellulose, magnesium stearate (vegetable source)

Suggested Adult Use: Take 2 capsules daily with or without food. For maximum absorption and benefit, do not take at the same time as calcium or milk products. Be sure to take at least the RDA of calcium and Vitamin D3.

Caution: To prevent mouth or throat irritation do not open capsule and pour contents directly into mouth.

**Note:** Individuals with severe renal impairment should check with a health practitioner before using this product.

Non-GMO and Gluten Free CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS