PROLAB® WHEY ISOLATE provides ultra pure, fast absorbing premium grade protein to support lean muscle growth and improve recovery time from intense training. With 23 grams of protein per scoop, PROLAB® WHEY ISOLATE fuels post performance replenishment to help maximize muscle growth.1

After intense exercise, your body requires amino acids to repair muscle and recover efficiently. PROLAB® WHEY ISOLATE delivers a powerful dose of over 21 grams of rapidly absorbed amino acids including 7 grams of BCAAs. This supplies hard training endurance athletes, weight lifters and dieters with the fast-acting, muscle preserving support their bodies need to perform at their best. A serving before a workout pre-loads the body with energy-yielding amino acids to increase lean muscle growth. A serving immediately after training quickly delivers post-performance replenishment and helps launch repair and recovery. PROLAB® WHEY ISOLATE is also ideally suited for supporting weight loss goals. With only 110 calories, ZERO grams of fat, and ZERO sugar, it's a perfect high protein snack to help control hunger between meals.1\* You do your part. We'll do ours.15

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It your healthcare professional prior to use if you have or suspect a medical condition, are taking drugs, or are pregnant or lactating. People with allergies to milk or say should consult their



23 grams of Protein Per Scoop

Ultra Pure, Fast Absorbing Protein<sup>†</sup>

Stimulates Lean Muscle Growth<sup>†</sup>

Over 21 grams of Amino Acids for Quick Post-Performance Replenishment#

**ZERO Fat and Sugar!** 



ABOUT THIS PRODUCT

AND PROLAS®



JHEY

DIETARY SUPPLEMENT NET WT. 5LBS (2.25KG)

RECOVERY REPLENISH PERFORMANCE

PROLES

PERFORMANCE SIMPLIFIED

23 GRAMS OF REPLENISHING WHEY PROTEIN ISOLATE

## Directions:

For a Quick Ultra-Concentrated Shot - Mix one scoop with 3-4 fl. oz. of cold water or your favorite beverage using a shaker cup or blender.

For a Shake - Mix one scoop with 6-8 fl. oz. of cold water or your favorite beverage using a shaker cup or blender.

## Supplement Facts Serving Size 1 Scoop (30 g) Servings Per Container Approximately 75 Amount Per Serving % DV# 110 Calories Total Fat 0 g Saturated Fat 0 g Trans Fat 0 0 Cholesterol 5 mg Total Carbohydrates 49 Dietary Fiber 0 g Total Sugars Added Sugars 0 g 23 g Calcium 117 mg 1.2 mg Phosphorus 66 mg Magnesium 24 mg Sodium 61 mg Potassium 118 mg L-Taurine 500 mg

\*\*Percent Daily Values are based on a 2000

"Daily Values not established.

Amount Per 100 g	% DV	
Essential Amino Ac	ids	
L-Leucine	9,030 mg	*
L-Isoleucine	5,762 mg	*
L-Valine	4,558 mg	*
L-Lysine	8,772 mg	*
L-Threonine	5,848 mg	*
L-Methionine	1,978 mg	
L-Phenylalanine	2,494 mg	*
L-Tryptophan	1,806 mg	*
Non Essential Amin	o Acids	
L-Arginine	1,806 mg	*
L-Aspartic Acid	9,546 mg	*
L-Cystine	2,150 mg	
L-Alanine	3,956 mg	*
L-Glutamic Acid	14,706 mg	*
L-Glycine	1,548 mg	
L-Histidine	1,462 mg	
L-Proline	4,988 mg	
L-Serine	3,698 mg	*
L-Tyrosine	2,494 mg	*

Ingredients: Whey Protein Isolate, Glucose Polymers, Natural Flavors, Xanthan Gum, Sucralose, Acesulfame Potassium, Sunflower Lecithin.

Contains: Milk.

calorie diet.

Manufactured in a facility which processes Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, and Soybeans.

No: Eggs, Wheat, Nuts/Peanuts, Fish/Shellfish.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. PRODUCT DOES NOT COMPLETELY FILL CONTAINER. SETTLING OCCURS IN SHIPPING.

These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.



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