

ESSENTIAL MINERAL FOR

MUSCLE COMFORT  
BONE DENSITY **AND**  
▶ HEART HEALTH\* ◀

**SUGGESTED USE:** Use only as directed. Take two (2) tablets daily with a meal or glass of water.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Excessive Magnesium may cause diarrhea.



Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# MAG GLYCINATE 450

MAGNESIUM GLYCINATE COMPLEX  
MAXIMUM DELIVERY

DIETARY SUPPLEMENT | 450mg



180  
TABLETS

## SUPPLEMENT FACTS

Serving Size: 2 Tablets

Servings Per Container: 90

	Amount Per Serving	% DV
Magnesium (as Magnesium Glycinate and Magnesium Oxide)	450 mg	107%

OTHER INGREDIENTS: Cellulose, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate, and Silica.

• SUPPORTS ENZYMATIC SYNTHESIS OF •  
**FATS AND CARBOHYDRATES\***



CAREFULLY CRAFTED BY

**ZHOU NUTRITION®**

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ZERO

GLUTEN, SOY, MILK, EGGS, FISH, SHELLFISH, TREE NUTS, PEANUTS, OR WHEAT.

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